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Vista: March 18, 1999

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VISTA

A black and white photograph of a cocktail shaker being poured into a martini glass. The shaker is tilted, and a stream of liquid is captured mid-pour, falling into the glass. The glass is a classic conical shape. The background is slightly blurred, showing what appears to be a bar counter.

Serving the USD Community for 35 Years • Volume 36 • Number 6 • March 18, 1999

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to the shaken not stirred*

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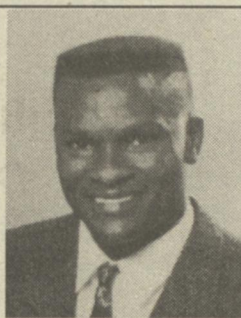
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Aspiring bartenders and connoisseurs of mixed drinks get a lesson in the art of creating cocktails.

USD student dies from skateboarding accident

RODEL DIVINA
News Editor

USD sophomore Ira Morihara, died Monday morning after sustaining severe head injuries from a skateboarding accident last Wednesday.

The accident occurred while Morihara, 19, and two other friends were skateboarding from the weight room toward Torero Stadium Wednesday, March 10, on their way to dinner at the University Center.

According to sophomore Shane Rilling, Morihara could have suffered a seizure while skateboarding, causing him to lose control while riding down the hill.

"It was almost as if he went unconscious while he was riding," said Rilling, who witnessed the accident. "The back of his head was the main thing he hit."

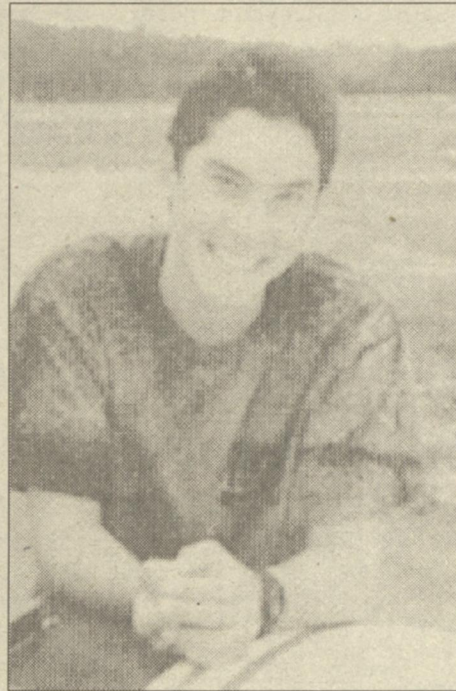
Rilling said he was not certain whether Morihara had suffered the seizure before or after he fell, but the injuries he sustained made Rilling believe that

it had happened prior to Morihara's fall.

"He had no markings or scratches on his hands," Rilling said. "When you fall, that's usually your first defense."

Shortly after the accident, Morihara was rushed to Sharp Memorial Hospital. He never regained full consciousness.

Tragic loss: USD sophomore Ira Morihara, died Monday morning after sustaining severe head injuries from a skateboarding accident last Wednesday.



Morihara is survived by his parents, Cynthia and Dennis, and his uncle, Thomas Wilson. His organs were donated to help needy individuals.

Disbelief over Morihara's untimely death struck the hearts of many USD students.

"He was one of the most gifted people — a walking brain," said sophomore Kelsey McDermott. "I'm just sad he never got to give that back."

Memorial services were held on yesterday evening, and a candle light vigil will be held tonight in front of Palomar Lounge.

"There has been a ton of support, which makes a really hard situation easier," Rilling said. "I will always remember Ira being happy, content, generous and unselfish."

This is the second skateboarding accident that has resulted in the death of a USD student in the past year. Ronald F. Rowley III died last May after a skateboarding accident in Mission Beach.

Don't spend Spring break in a jail cell

Courtesy of
U-WIRE

GRAND FORKS, N.D. — Imagine it's spring break and you are traveling abroad, a journey to a foreign country with a few college-aged friends. You're spending a week away, discovering another culture, language and lifestyle.

Now, imagine observing these new surroundings from a crowded, unsanitary jail cell, with no access to modern facilities, medical care, family or friends. Every year, between 2,700 to 3,000 American citizens, most college-aged, are arrested while traveling in foreign countries. Over half of these arrests are on drug-related charges, and a substantial number are due to the use of alcohol and disorderly behavior.

The U.S. Department of State, Bureau of Consular Affairs has released information to make students aware of the dangers and procedures to follow when traveling abroad. The Bureau of Consular Affairs is designed to protect U.S. citizens abroad. A U.S. Consular Officer provides emergency assistance to those arrested or detained abroad, including visiting the tourist in jail after being arrested, notifying family and friends and assuring that the person is being treated fairly and humanely.

However, this officer cannot get the traveler released, so it is extremely important to be familiar

with what is acceptable and expected in a foreign destination. "Americans going abroad should be as knowledgeable as possible of the country they are traveling to," said Marie Rudensky of the Bureau of Consular Affairs in Washington, D.C. She suggests researching the country using library and Internet sources, talking to professors or friends who have been there and knowing its language and history.

Many problems occur when tourists are not conscious that certain behaviors or actions that are considered innocent in the United States are looked at disapprovingly according to the customs, laws or standards of other countries. For example, many people traveling abroad are arrested for conduct that would not result in arrest here.

Also, many travelers believe their actions will be overlooked, and that they cannot be prosecuted on foreign soil. But American laws are left behind when you travel abroad, and there are severe penalties to be faced for breaking foreign laws.

Serious offenses

The use or possession of drugs, even in small amounts, is a very serious offense. The Bureau of Consular Affairs focuses on the dangers of transporting drugs. Some tourists may agree to carry a suitcase or package, no questions asked, in exchange for a large sum of money.

If caught as a drug courier, there is no excuse for

possession and the blame will be placed on the tourist. Punishment can range from interrogations and lengthy trials to two years to life in prison, or, in countries such as Saudi Arabia, Turkey, or Malaysia, the death penalty may be involved. Arrest and detainment are not the only issues concerning drug or alcohol use. Being in an unfamiliar location while intoxicated can lead to rape, robbery, or even death.

The Golden Rule

The golden rule to follow that will ensure a safe vacation is to be responsible and avoid risky behavior. Duane Czapiewski, chief of the University Police is aware of the issues to be considered when traveling abroad, and reiterates much of the same advice as the Bureau of Consular Affairs.

According to him, many of the problems that occur while traveling are alcohol related. Sexual assaults go hand in hand with alcohol and the situations it creates.

Czapiewski suggested not attempting to drive in foreign countries, staying in groups and not accepting packages from strangers. He reminds those traveling of the low standards in jails, and that there is no right for an attorney in some countries. Czapiewski said he hopes that USD students enjoy spring break, and that is a safe, enjoyable experience. "Think about what you are doing ... Just be safe," he said.

USD's environmental efforts should not go unnoticed

SARA BELLITT
Staff Writer

Schools such as the University of Southern California are becoming increasingly more environmentally conscious by using reusable dishware in their cafeterias and dining eateries. Fortunately, USD is part of this exclusive group.

According to Rudy Spano, director of Dining Services, USD is becoming more environmentally friendly in its dining eateries by following the "Three R's: reduce, reuse and recycle."

"We offer reusable dishware in our dining room, but not in the retail areas. We don't have the dishwashing capability in the retail areas, it would slow things down and people would walk with the flatware, glasses, and dishes. In main dining, we are constantly replacing dishware," Spano said.

Reusable plates are not offered in the retail areas, but efforts are being made to reduce waste.

For example, in Traditions the condiment cart will eventually contain pump containers for ketchup, instead of the packets.

Also, all the napkins are recycled in all the retail areas and the dining room.

"These napkins cost more, but we use them to sup-

port the recycling programs efforts," Spano said.

Spano said that everyone on campus is responsible for recycling.

"Recycling needs to be a partnership between the school and the students," Spano said. "We have recycle bins and recycle trash cans for plastic and glass outside the UC, but it's the students environmental

decision to recycle those containers, or to throw them in the trash. We have an area on the side of the UC for cardboard recycling and there is newspaper recycling behind the Immaculata. We don't recycle styrofoam, because we don't generate enough styrofoam waste to adapt a program to recycle it."

Though recycling efforts are being implemented, many students at USD said that USD is not fully environmentally conscious.

"There should be more recycling bins around campus, said junior Holly Baker. "I don't think USD has ever done enough about recycling, and I'm not sure why."

In actuality, USD does have quite a few options as far as recycling and waste management are concerned. Such efforts include recycled napkins, baskets of napkins on the dining room tables to prevent waste, discounts on drinks bought in the marketplace if using a travel mug, blue recycle trash cans and water flow restrictors on the sprinklers and dorm showers to conserve water.

USD does have recycling available for various products and is making efforts at becoming environmentally friendly.



Katie Pham

Don't Trash Traditions: USD Dining Services has implemented several recycling and waste management programs in order to preserve our environment.

Protect yourself from getting an STD

KRISTIN ALBERTSON
Staff Writer

Although complete abstinence from any form of sexual activity is the most effective way to protect yourself from sexually transmitted diseases, it's not necessarily the most practical solution. Although the number of USD students infected with STDs is steadily growing, they must be more careful of the people with whom they choose to be sexually active.

The list of STDs is long, but the most common ones are: genital herpes, chlamydia, hepatitis B, genital warts and, of course, HIV. Only one of these viruses, chlamydia, can be cured with early treatment. The others infect a person's body for life and can eventually lead to the cause of an untimely death, as in the case of HIV.

Chlamydia can be contracted through unprotected sexual intercourse, but it can be prevented by the use of a latex or polyurethane condom. It is treated with common antibiotics.

Genital warts can be passed on through simple contact. Any type of contact with the infected area is sufficient to contract this disease, and the lesions are not always visible. There are treatments available, but there is still no cure.

Genital herpes can also be transmitted through contact other than intercourse. This disease can be very painful. There is no cure, and treatments are only

available for individual outbreaks. Only complete abstinence from touching an infected area can prevent the spread of this virus.

Hepatitis B can be contacted in many of the same ways as the AIDS virus. Sexual contact, exchange of bodily fluids and infected needles are some of the common paths of transmission. This virus causes inflammation of the liver and possibly cancer. There is no

“Typically, students who do have ‘problems’ go to their own doctors or can be referred to a specialist by us.”

— KATHLEEN LONGMIRE
HEAD NURSE AT THE USD Health Center

effective cure, but the virus can be avoided if you receive the immunization. This particular shot is even available at the USD Health Center.

HIV is spread through the contact of the infected person's bodily fluids with open skin or mucous membranes. In the early stages of the disease, which can last several years, the virus can be symptom-free and visually undetectable. Even at this stage, it is a deadly virus that is easily transmitted. There are currently

medications which lengthen the infected person's survival time, but the disease still leads to a painful and premature death.

Since only one of the above viruses can actually be cured, it is important to be careful if you are a sexually active person. These diseases are not limited only to people who are promiscuous. In fact, all it takes is contact or intercourse with an infected person to contract the disease. So, what's the next best solution besides complete abstinence?

Honest discussion with your partner about your sexual histories is one option. There is no sex or foreplay in the world that can be worth getting infected with an STD.

There are many health facilities to get tested for STDs. "Typically, students who do have 'problems' either go to their own doctors or can be referred to a specialist by us," said Kathleen Longmire, the head nurse at the USD health center.

There are many resources at the health center and there is information about the many anonymous off-campus STD clinics which offer free STD screening and HIV testing. The nearest of these facilities is the County Health Services Complex at 3851 Rosecrans Street (692-8550).

There are plenty of informative pamphlets at the Health Center, but if you wish to do your own research or find a support group to talk to, you can call the National STD Hotline at 1-800-227-8922.

Beyond Color Lines

A Student's Perspective on Diversity at the University of San Diego

Indians file class-action lawsuit against government

TODD GLORIA

Beyond Color Lines Editor

American Indians filed the largest ever class-action lawsuit against the federal government on behalf of the native peoples of America earlier this month. The Indians are accusing the Department of the Interior with mishandling over \$3 billion in trust funds administered by the government for the Indians. The money comes from oil and mineral rights on reservations leased to private corporations.

The issue has quickly become a hot button topic among Native Americans who were promised large sums of money in exchange for allowing outside groups to mine and drill on their lands. Spokespersons for the Indians say that the average check the Interior Department mails to Indians is worth three dollars. Indians filed the lawsuit in hopes of forcing the government to account for billions of missing funds promised to the tribes.

Reflecting the growing tension on this issue, on March 3 the Clinton administration broke off talks with Indian leaders after being angered by comments from Indian representatives at a recent hearing. Senator Ben Nighthorse Campbell, R-CO, chair of the Senate Indian Affairs Committee said that the administration's action "sends a dangerous message to witnesses that exercising their right to free speech could result in reprisals from the federal government."

Assistant Secretary of the Interior for Indian Affairs, Kevin Grover, said he did not like the tone of the tribal representatives. Tribal leaders say his response was childish.

Lee named civil rights division head

President Clinton nominated Bill Lann Lee to head the Justice Department's civil rights division. Lee

has run the division since December 1997, when Clinton appointed him acting assistant attorney general. Lee will be the administration's highest ranking Asian-American if confirmed.

Lee faces stiff opposition from conservative Republicans in the Senate. In the past they have blocked Lee's nomination because of his liberal views on affirmative action. A former NAACP lawyer, Lee's confirmation process is expected to be long and difficult.

Black farmers disappointed at settlement

Black farmers urged a federal judge yesterday to throw out a pending settlement with the Agriculture Department. They say the deal does little to end the years of racial discrimination that denied them low interest government loans and have left them financially strapped.

The settlement would give the farmers without evidence of discrimination \$50,000 and forgive their government debts. Any farmer who felt they had compelling evidence of discrimination could choose to not take the settlement and seek larger damages through an independent arbitrator.

"This settlement is not only a disgrace to black farmers, but is totally and completely inadequate to accommodate the losses the black farm community has suffered," Thomas Burrell, a Tennessee farmer, told a U.S. District Court judge. He went on to ask the court to throw out the settlement that he characterized as "inadequate, incomplete and defective."

Gay man murdered in Alabama

Two men have been arrested in the vicious murder of a gay man late last month in Sylacauga, Alabama. Police say that Steve Mullins and Charles Bulter Jr. beat textile worker Billy Jack Gaither, 39, to death and

then burned his body on a pile of kerosene-soaked tires. According to investigators the men said they did it because Gaither had made sexual advances toward them.

The killing has once again turned the national spotlight on violence against homosexuals. This murder comes on the heels of the dragging death of a black man in Texas and the fatal beating of a gay college student in Wyoming last year. President Clinton issued a statement saying that the murder of Gaither and the other two men were "acts of defiance against the values our society holds most dear." Clinton went on to call on Congress to pass the federal anti-hate crimes bill that is currently before the House and includes sexual orientation.

Residents of the small town outside of Birmingham said that Mullins was a "skinhead wannabe" and was known to harass blacks in the town. Butler's family denies that he is a member of any hate group.

Violence Against Women Act ruled unconstitutional

The Fourth U.S. Circuit Court of Appeals upheld a lower court ruling last week that the Violence Against Women Act is unconstitutional. Christine Brzonkala's case was the first major test of the law that was created to protect women from gender-motivated violence by allowing them to sue their sex attackers for violating their civil rights.

Brzonkala, a student at Virginia Polytechnic Institute and State University, was allegedly raped by two football players in her dorm room last year. In her suit, Brzonkala says that her civil rights were violated when the two football players raped her and were further violated when Virginia Polytechnic failed to file a police report, and did not encourage her to do so.

Attorneys for Brzonkala vow that they will appeal the decision.

USD's lost and found is a treasure chest

ALYSIA JIMENEZ

Staff Writer

Have you ever wondered what happened to that book you left in Colachis Plaza? Or that day planner you left in a class? Did you know that Parking Services is where the lost and found is located? If you lost something, Parking Services may have it.

Parking Services maintains the lost and found service for USD. Rosemary Dreysen, a Parking Services assistant for 10 years, said that the lost and found has many items. "It always does," she says.

But Dreysen said that missing items are not kept indefinitely.

"There are not as many items as there were re-

cently, because we took the practical items to Mexican Shelters and St. Vincent De Paul, and some items were given to Campus Ministry," Dreysen said. "That is what we usually do with unclaimed items. Depending on what the item is, we donate it after 90 days, and hold onto some things for up to six months."

According to Dreysen, many things have been discovered on campus unattended.

She said there are various items in the lost and found: day planners, caps, articles of clothing, videos, glasses, a single shoe, backpacks, keys, books and even such valuables as a camera and a couple of cell phones.

Dreysen said that some of the strange things discovered during her employment include a jock strap and a chest full of soda, beer and other food. "It looked

like it was set to go for a picnic," she said.

If you have recently lost something, whether valuable or just that notebook with all your notes, Parking Services may have the item.

For those who think that they can outsmart the system and claim an item that is not theirs, it will be difficult. Lost and found recovery requires a detailed description of the item and, if it of significant worth, a signature.

Additionally, if you lost an item which might be in the lost and found, Parking Services will ask you for the approximate date you lost it, because it dates all incoming articles.

So, if you've given up on that long lost item," go to Parking Services and give a description. There is a possibility that it may be there.

Avoid dangers when travelling abroad

BETH RABEL
Staff Writer

Spring break is rapidly approaching and you are making final arrangements to get away from the stress of school. The destination may be Cabo, Mazatlan or even as close to home as Rosarito. Are you prepared to spend your week without money, in the hospital or even in jail?

Travelling is exciting and adds a new dimension to your life and level of experience, but without proper precautions, the best week of your life can become the worst. In order to secure your trip, and your safety, you need to gain knowledge about the basic problems that may arise during your escape to paradise.

Mexico is a common destination for USD students, due to its beautiful scenery, warm beaches and party inspiring atmosphere. Some of the modes of transportation and activities you can rely on in the United States are the most dangerous places to find yourself in Mexico.

A simple taxi ride can lead to a robbery, beatings, sexual assault or kidnapping. Taxicab crime is rising in Mexico. You should not take a cab unless it is summoned by telephone, or contracted in advance through the airport or a reliable individual. Radio taxis or a "sitio" are the best method for travelers. When you do call for a taxi, make certain you ask for the driver's name and the license plate number of your cab. Taxis parked outside nightclubs, restaurants or cruising through the city are not reliable. Your hotel concierge should be able to assist you in finding reliable transportation.

If you plan on traveling via bus from one city to another, avoid special deals and second or third class tickets. First class buses generally travel on toll roads, which are much safer than the free roads used by other buses. First class is also more reliable and cleaner, which will be very positive for your experience.

Withdrawing money from a poorly situated ATMs can result in the some bad consequences as well. Avoid using ATMs, but if you must, use them during daylight hours. Find machines located inside of large protected buildings, such as commercial establishments. Glass-enclosed, highly visible ATMs are the riskiest, because your transactions can be observed by any passerby.

If you do happen to get sick in Mexico, there are excellent hospitals in most of the major cities, especially

Mexico City. Travel doctors advise that if you are staying for an extended period, you bring your own syringes. Those used in foreign countries are sometimes recycled from patient to patient. Before leaving on your trip, you may wish to look into your health insurance coverage. Many policies do not include travel coverage or emergency coverage in most developing countries. If you do happen to need

assistance, call the closest United States Embassy. They should be able to direct you to a qualified facility.

Get to know the country you are visiting, including their customs and any laws that differ from those you are used to. You can be arrested for breaking laws that you wouldn't even fathom. Just because you are a foreigner, you will not be exempt from the harsh jail terms and large fines inflicted by many countries.

Travelling can, and should, be fun and relaxing. There are a lot of dangers and precautions should be taken but this should not limit what you do or force you to stay home. Just keep an eye out for potential dangers and do a bit of research about your destination before you go.

You can find more information in order to plan your trip and avoid danger through the following sources:

Travel warnings and information

United States Embassy in the country you are visiting
Bureau of Consular Affairs web page

<http://travel.state.gov>

Health care information and precautions

Centers for Disease Control and Prevention Travel Hotline
1-888-232-3228 or <http://www.cdc.gov>

General travel information

Local travel agent

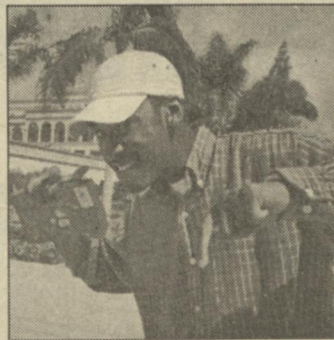
Let's Go Travel book series

What are you doing for spring break?

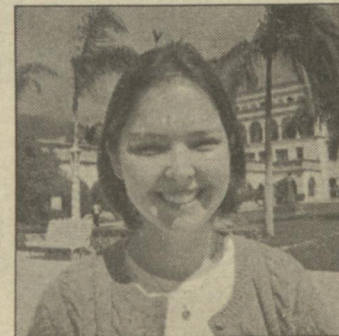
TABITHA RODRIGUEZ-ANDERSON
Staff Writer



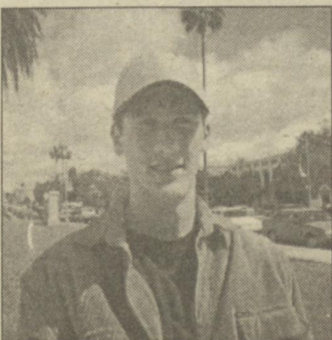
Carla Suarez
"I'm going to Argentina to enjoy the South American heat."



Jason Barksdale
"I'm going to visit friends in LA and get jiggy with it."



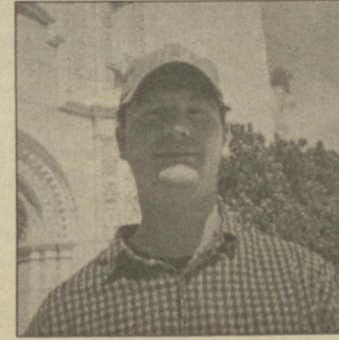
Megan Hamilton
"I'm going home to visit friends and family."



Miguel Sosa
"I'm going to Puerto Vallarta to have as much fun as I can."



Alicia Guido
"I'm going to work on my tan."



John Lyon
"I'm going skiing in Sun Valley."

'Dawson' gay story taken in stride

Courtesy of
U-WIRE

NEW YORK — There was something striking about the public's reaction when a character in "Dawson's Creek" came out as gay at the same time the show's creative leader revealed his homosexuality in real life.

Striking, because the reaction was virtual silence.

No loud protests from outraged church or conservative groups. No "Yep, I'm Gay!" magazine cover. No celebrities treating it as a crusade. No ponderous essays about what it means to society.

Nothing.

No one could have missed it when Ellen DeGeneres and her character on "Ellen" came out two years ago. So it may be her most lasting legacy that on "Dawson's Creek," a provocative gay story line in a popular teen-age drama series is causing barely a ripple.

"Dawson's Creek," on the relatively little-watched WB network, may fly below the radar screen of many of society's guardians. But although DeGeneres had a higher profile, what has been happening on "Dawson's Creek" over the past month has far greater meaning for what social critics would call impressionable youngsters.

"It's a very good sign, and I'm thrilled about the lack of controversy," said Kevin Williamson, the show's creator. "I was kind of expecting this. I was hoping, at least, that the climate was better."

Williamson considers "Dawson's Creek" autobiographical, with each character emphasizing some aspect of his personality. Dawson is the Spielberg geek who sees life as a film. Joey has Williamson's sarcastic side. Pacey is the jokester and Jen is the rebel.

And now Jack, a new character portrayed by actor Kerr Smith, stands for Williamson's sexuality.

"From the moment we brought him on, we knew he was going to eventually come out of the closet," he said. "I wasn't always sure what would be the best, most powerful way to do it."

The first inkling came when Jack read a poem in his high school class that hinted at an attraction to men. He quickly became a target for harassment when someone spray-painted an antigay epithet on his locker. Jack wrestled with his feelings, finally declaring his homosexuality to his outraged father.

The story finds its texture in the reactions of those around him. Jen's religious boyfriend objects to Jack and is lectured by her previously one-dimensional grandmother on the nature of caring. The response of Joey to her boyfriend declaring he's gay is largely unexplored territory for television.

The Parents Television Council, a conservative media watchdog group, didn't alert its members to the story. Many people concerned about sexual content on television aren't even aware of what's been happening on "Dawson's Creek," said Mark Honig, its executive director.

"To bring up the fact that there are homosexuals in society is not something to rant and rave about at this point," he said. NBC's sitcom "Will & Grace," about a homosexual man and his best friend, a heterosexual woman, met with the same nonreaction when it debuted last fall.

Honig's group may feel differently if Jack starts dating men, he said. "With all the other problems on 'Dawson's Creek,' this is just one to throw into the batch," Honig said. He mentioned Pacey's affair with a teacher and the show's frequent sexually charged dialogue.

The way Jack confronted his sexuality was the idea of one of the show's writers, who knew someone who came out through a poetry reading in school.

"It's somebody's story, but not mine," Williamson said. "I had a totally different experience."

He said he told his parents he was gay in his 20s and, unlike Jack, was lovingly accepted. His homosexuality didn't become public until the past month, not because he was hiding it, he says, but because nobody asked him.

"It's like, who cares?" he said. "I'm a storyteller and the minute people start reading about my personal life, I think that takes the power away from my storytelling. Whatever help I can bring to the gay evolution I think is best done through my storytelling."

Williamson met with Smith early in the TV season to tell him what was going to happen but has since left the actor to portray Jack in his own way.

"I'm sure that there are teen-agers who are going through exactly the same thing that Jack is going through," Smith said. "If we can shed some light on things or help some people, then that's great."

In fact, Smith said, after watching the episode where Jack told his father he was gay, a teen-age boy posted a message on the Internet saying that he had immediately made the same announcement to his own dad.

Williamson's already mapping out stories for a third season of "Dawson's Creek," although it's not certain that he'll be around to guide it. Contract talks haven't been completed.

He's also continuing to introduce characters that reflect his life. Pacey's girlfriend, Andie, is a manic overachiever who's not quite together emotionally, which Williamson said is a lot like he's been the past year.

"The best stories are always the personal ones, the ones that come from inside of yourself, and that's what I try to remember when I sit down to write," he said. "I just hope the audience responds to Jack and accepts him the way the characters do in the show."

**More free theater
tickets will be available soon.
Stay tuned for the next Vista
contest.**

Compiled by
RODEL DIVINA

NewsOddities

A Few Things That You Wouldn't Expect

Troops at war with hygiene

WARSAW — NATO's latest recruits from Poland are often smelly, many don't get time to wash and some conscripts only change their underwear once a month, according to an official survey released Monday.

"Physicians have noticed that soldiers stink and their underwear is grey," Supreme Auditing Chamber (NIK) chief Janusz Wojciechowski told a new conference. He was presenting the survey which was conducted in 1997 and early 1998 in eight Polish military units.

Friday, Poland, Hungary and the Czech Republic became the first former members of the old Soviet bloc to join the North Atlantic Treaty Organization, expanding the alliance to 19 members.

The survey showed that in one unit some 700 conscripts were given only three hours a week to take showers. In another, the soldiers' underwear was not changed for a month.

Wojciechowski said Poland's small defense funds and insufficient supervision were to blame.

The report also showed that in some cases people unsuitable for service — mentally retarded or ill — were enlisted.

It revealed commanders' failures to report embarrassing incidents in their units, and of senior grade conscripts humiliating or even torturing their juniors.

"In one unit there have been failures to report a suicide or a case of a drunken soldier slipping out of the window from the second floor," Wojciechowski said.

The office of the chief-of-staff admitted such cases did occur, but said they were the exception.

"They are not a standard. Such cases stem from small funds for the armed forces, but these are not up to us but up to political decision-makers," chief-of-staff office spokesman Zdzislaw Gnatowski told Reuters.

Poland has about 230,000 people in uniform, 35 percent of them professionals. Under a \$4 billion program, it plans to trim and modernize the forces in the next 15 years.

They want infamous lips like Monica's

TORONTO — North American women may be divided on their opinions of Monica Lewinsky as a person, but many appear to agree on one point — they love her lipstick.

So much so that they can no longer find the Club Monaco lipstick or lipliner worn by Monica Lewinsky during her interview with Barbara Walters anywhere in North America.

A week after the Lewinsky television appearance, North American women are clamoring to buy the Club Monaco make-up credited for her softer, stylish new look.

But those wanting the "Monica make-over," will have to wait in line.

Toronto-based clothes and accessories chain Club Monaco is scrambling to restock shelves in its 30 shops in the United States and Canada with the neutral-toned lipstick, lipliner, blush and eye-shadow, which are fast becoming the hottest cosmetic products of the season.

"It's really taken us by surprise. Our name is definitely out there because of this," said Gerald Levac, a director of marketing and cosmetics at Club Monaco's Toronto head office.

He said that last week was an extraordinary one for the expanding Canadian company, which had just announced it was being taken over by Polo Ralph Lauren, one of the world's best-known fashion designers.

Despite the windfall created by Lewinsky's appearance in Club Monaco colors, chosen by a New York make-up artist for her television appearance, Levac said he isn't considering asking her to be a spokeswoman for Club Monaco products.

"Absolutely not, that's not part of our marketing direction whatsoever."

Sephora, a French cosmetics chain carrying Club Monaco cosmetic products in Pittsburgh, has similarly been deluged with orders from women in Pennsylvania, California, Florida, Illinois and Connecticut.

"We just take their credit card numbers and we'll ship it," said Janet Harkins, store director at Sephora. "We also have a lot of walk-in customers asking about it...right now I have 86 people on the waiting list."

Company officials said stores will be in stock as early as next Monday, but with a growing waiting list, especially for the "Glaze" lipstick and "Bare" lip liner, they expect to be sold out again.

"We've had people come in and say we want the entire look," said Gail Smith, a cosmetic consultant at a Toronto Club Monaco store.

"I think it's going to last for a little while," she said.

They prefer sailing to sex

WELLINGTON — New Zealanders prefer sleeping, eating and sailing to sex, a private research company said Friday.

UMR Insight asked 400 people their idea of a perfect way to spend an evening and sex came in 12th.

Only one in 40 picked making love, long behind going out for dinner (29.5 percent), a live show or concert (12.5 percent), gambling (9.8 percent) or getting a good night's sleep (9.3 percent).

Watching a movie, going out dancing, to a bar or even kayaking and sailing beat sex as the ultimate in entertainment, according to the poll.

Three percent of baby boomers rated sex as tops, against just one percent of those under 30.

Woman hit twice by same car in 24 hours

REYKJAVIK — An Icelandic woman was hit twice by the same car within 24 hours, Iceland Review said Wednesday.

The woman, with an unblemished driving record of 20 years, was driving in Akureyri in northern Iceland Saturday when a car came out of a parking lot and smashed into her vehicle.

After renting a car, the woman was hit the next day by the same car as she drove through a green light at an intersection.

The offending driver said his vision had been impaired by low sunlight.

The north Atlantic island has a population of only 270,000, and it is possible to drive for hours without seeing another vehicle.

Woman cycles naked, man eats worms

WINNIPEG — A stark naked woman pedaled her bicycle down a busy street in freezing temperatures, a man polished off a plate of worms and bugs and a third person changed his name to an obscenity.

All were stunts aimed at a chance to win \$10,000 in a month-long radio contest held by a rock station in an otherwise quiet city on the Canadian Prairies.

"It's been unbelievable," Morley Calahan, program director of Winnipeg's Power 97 rock station, said Thursday.

The "BJ and Hal's Toughest Contest Ever," named after the radio station's morning show hosts, has so far prompted 20 people to perform outrageous acts in hopes of winning the money.

"Today we've had a lady shave all her body hair, including her eyebrows, nose hairs, everything you can think of. She's clean as a baby," Calahan said.

The 700,000 citizens of Winnipeg awoke Thursday to front-page newspaper photos of an 18-year-old woman who braved freezing weather and high snow banks to ride her bike in the buff down the main street of Portage Avenue.

"Lady Godiva of Portage," blared the headline.

The public prosecutor's office is pondering whether to lay charges for indecent exposure after the woman was arrested by two sheepish-looking police officers.

Calahan said one man ate live worms and cockroaches from a silver platter, another had BJ and Hal's faces tattooed on his buttocks and another performed a strip-tease at a nightclub.

"He even brought his own rip-away thong underwear," said Calahan, who admitted he was puzzled by the lengths people would go to just to get a chance at winning some money.

"Personally I don't get it, but they're more than happy to do it," Calahan mused. "It's really an interesting study in human nature."

Mom avoids jail for teen stripper party

PLEASANTON, Calif. — A California mother who admitted to allowing a male stripper to perform at her teen-age daughter's party was given three years of probation Thursday.

The Alameda County Superior Court originally gave Carye McGrath, 39, a month in county jail but agreed to substitute 240 hours of volunteer work, the probation, a \$350 fine and parenting classes.

McGrath pleaded no contest to charges of exposing minors to "lewd and lascivious" behavior at a party for a group of 14- and 15-year-old girls at her home in Pleasanton, about 25 miles east of San Francisco Oct. 30.

Prosecutors said male stripper Steven Schmitt, 29, appeared at the party wearing a police uniform, and then took off all his clothes except for floral thong underwear to begin his strip routine.

The girls wrote on dollar bills where they wanted to be touched and Schmitt complied, prosecutors said. One girl allegedly asked for and received permission to remove his thong and perform oral sex on him for \$20.

While McGrath said she did not arrange Schmitt's show, she was widely blamed for failing to stop it.

Letter to the Editor

Dear Editor,

I am writing in response to the cover of the Vista last week which mocked and ridiculed the AS elections. I am a graduating Senior and the Vice President of Finance for the Associated Students. In my years at USD I have seen the Vista mock and ridicule aspects of the USD community that it neither understands nor tries to understand. This letter is a reaction to the three and a half years of irresponsible and inaccurate journalism that I have been reading.

First of all, in reaction to the cover and article surrounding the AS elections, be reminded that it is the Associated Students Leadership Team which dedicates its time to programming for and representing the USD Student Body throughout the year. Regardless of whether or not the positions in this election are contested, you must realize that the people that have chosen to run for these positions have chosen to dedicate 30-40 hours per week to you and the other students on campus. Perhaps the Vista has forgotten but it was the Associated Students that worked hard to establish and maintain our school newspaper when it was not strong enough to be self-sufficient. The printing of last week's cover was both uncalled for and in bad taste. In the future please remember that the organization and people you mocked in last week's Vista will be dedicating a large part of large part of their lives to representing you and the rest of the USD Community.

There may also be a few things that the Vista has failed to notify the students about in their issues this year. The Vista Fee that every undergraduate student pays each year will be going up next year to support the staff and printing of this weekly newspaper. Perhaps now the students will attempt to inform the Vista that printing articles that have been poorly researched and edited should not continue. Of course I don't want to give the impression that I am trying to lay a death "sentence" on the Vista. I have heard, on many occasions, students discussing a newsworthy issue that they have tried to get into the Vista and were told wasn't "Vista Worthy." This year has been a year filled with exciting issues and developments on this campus and most of them have gone untouched by our school newspaper. However, there have been a plethora of articles published on the infamous topics of sex, drugs, and hangovers. By no means am I saying that these articles should not be in the newspaper, after all we are in college, but newsworthy articles should not go untouched.

In closing, the Vista is read by students, faculty, administration, parents and the general public. When people read a poorly researched article filled with typos they begin to make generalizations on the school. Next time you edit the Vista, keep this in mind.

A strong believer in the power of spellcheck,
Bill Quinn

Editors' response

We would like to take this opportunity to respond to Bill Quinn's letter to the editor. In his letter, he claims that the cover of the VISTA last week "mocked and ridiculed the AS elections." The cover of the VISTA last week read "MAKE YOUR VOTE COUNT. Well, maybe. AS spring elections are on March 16 and 17 at the elections table in the UC foyer. This year, in addition to voting for offices which go uncontested (which are most), students will determine who wins the battle for presidency. It's heated, but the candidates think they know who's best." This was the only text about the AS elections written by the VISTA staff. The remainder of text was submitted by the candidates and was directly quoted from their statements.

The VISTA did not intend to mock or ridicule AS elections, nor do we believe that the text on the cover mocks or ridicules AS elections in any way, shape or form. We also do not believe that it was "uncalled for" or "in bad taste." The mention of offices going uncontested was a simple statement of fact. By stating that "maybe" your vote will count we were implying the simple logic that a vote for an uncontested position does not allow the voter to make a choice. In this instance, more than one vote for each candidate would be irrelevant.

We would also like to respond to his comment about AS working "hard to establish and maintain our school newspaper when it was not strong enough to be self-sufficient," and "printing articles that have been poorly researched." We would like to inform Mr. Quinn that the VISTA has been self-sufficient after separating from AS in 1993. The VISTA has operated on funds generated by advertising and a small student subscription fee, and has not had to rely on AS for any aid.

Since that time the VISTA has seen vast improvements and been able to offer many more learning opportunities to the undergraduate students of USD. In fact, AS has had to rely on the VISTA to advertise their events, such as this election. The VISTA has done this in good faith, although we have no responsibility to promote the AS candidates.

The VISTA has also provided AS with their own section in the newspaper, a service which is not granted to any other student organization other than intramural sports which is solely due to reader interest.

Finally, in response to Mr. Quinn's claims about the poor story selection and editing of VISTA, we feel that our story selection provides an accurate representation of reader interest. The VISTA is produced at an extremely fast rate by a disproportionately small staff. Therefore we do not have the resources or adequate time to ensure the perfection of each issue. Also, correcting the "AS This Week" section demands extra work of the VISTA staff, because the editing, layout and writing of this section are rarely suitable for publication when it is submitted.

The VISTA staff works diligently to produce the best possible product for the USD community. Each year the VISTA is able to make improvements in spite of the high turnover rate of students due to graduation and other opportunities. We feel that the VISTA accurately represents the USD community simply because it is produced by and for the USD community.

Strong believers in serving the USD community,

Ted Donovan, Editor in Chief
Chris Weerts, Associate Editor

Do you have an opinion?
Send your letters to
vista@acusd.edu

Don't give yourself too much credit

RACHEL VALINE
Insight Editor

Here you are at USD. You're a freshman, you're on your own, and you don't have mom or dad giving you all the money you want. And of course, you don't even have a job yet.

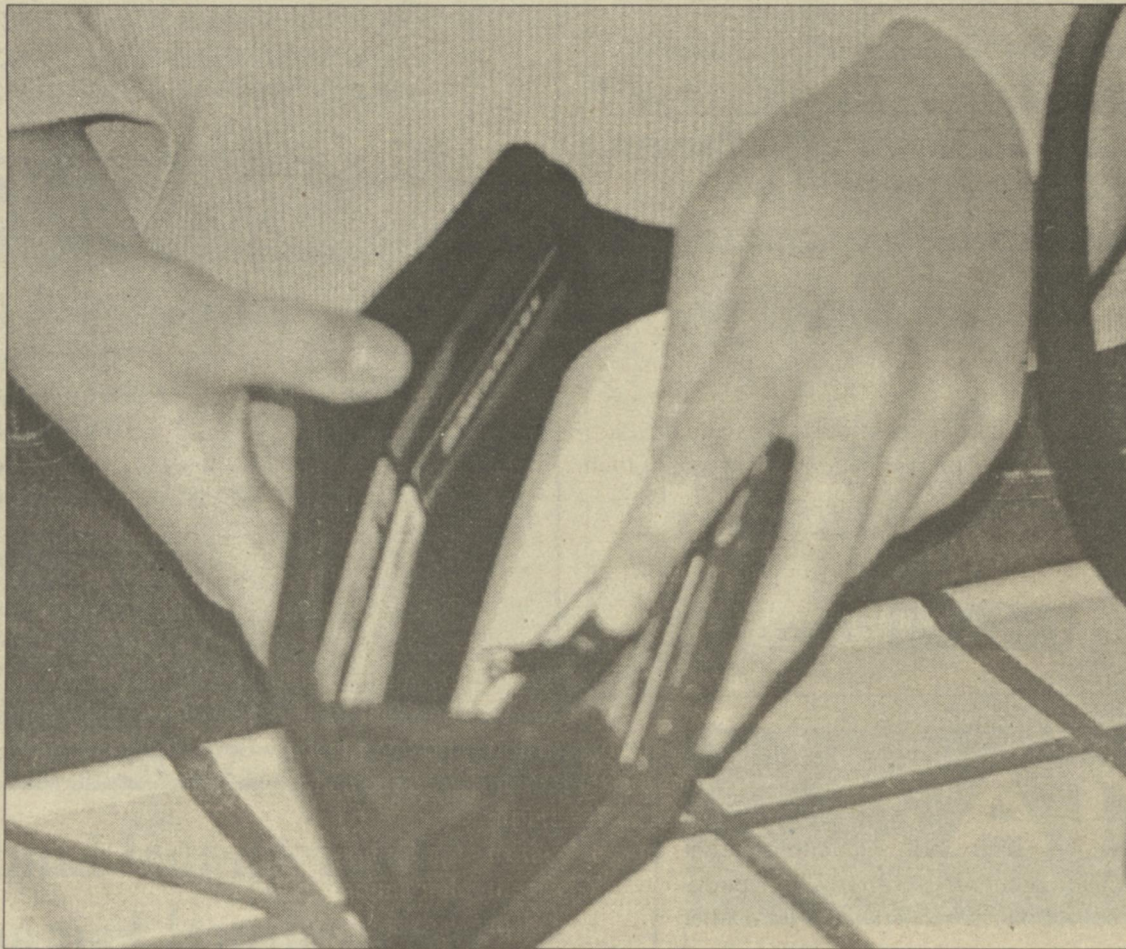
You're just waiting for your refund to come in so you can go buy some new clothes for the San Diego weather. Or, so you can go get all of the decorations for your room that your parents didn't get for you. Or, if you're like me, you're supposed to use that refund to buy books—even though you saw this really great pair of shoes that you just have to buy. So you're walking into the bookstore, sad to know that your books are going to cost so much, and you glance over to the right where there is a table set up for students to sign up for a credit card.

Here's your first mistake: you stop at it. Here's your second: you let them talk you into signing up for a credit card because the financing is so low (but that's only for the first three months). And here is your final mistake: denial.

You're telling yourself that you will pay it off every month. You're just going to get those shoes, and you'll pay the whole amount when you get your statement. Of course, you know that there are a couple of other things that you just have to buy, but you tell yourself that you will pay those off at the end of the month also. Your parents will never know. The bill goes to your address, you're home free.

Here's the problem: these credit card companies love us. They cannot wait to get a new bunch of freshman on campus so they can trick you into the great financing rates. I mean, they give you a T-shirt and a water bottle, what more could you ask for? And since your parents wouldn't want you to get a credit card, you cannot tell them that you charged too much and you need some money to pay it off.

So, your credit card adds up until there is no more room to charge on it anymore. Now you're broke and your best friend's birthday is coming up. What are you going to do? Now that you already have



Not that great: Credit cards may seem like free money, but in the end they can lead to serious financial problems that just won't go away.

your first major credit card, you go to Nordstrom's and apply for one of theirs. That way you can just charge that outfit that your best friend wanted for her birthday. It will only be this one outfit, and you promise yourself that you will cut it up once that card comes in the mail.

This is the story of a lot of people. I said all of these things to myself. I told myself that I would be responsible, and I would pay them off. At least I had a job. Well, after about six credit cards and only working 15 hours a week, all that talking didn't seem to help me at all. I was in big trouble. I had to call my parents and tell them the problem.

They helped me as much as they could, but I think they were more interested in teaching me a lesson. So, to dig a deeper hole for myself, I decided to take out (yet another) school loan. That way I wouldn't have to pay my debts off until six months after I graduated. You'd think I had already learned my lesson. But I just kept getting more in debt. I thought that I had to have all of those things that I bought. When I wanted something, I just pulled out one of my many credit cards and charged it. It became way too easy.

Now I am a senior. I am not only still paying for my car and my insurance, but I am still paying off all of my credit cards. I have been doing really well, but I also have school loans to pay off starting in eight

months. I swear, it never ends. Now, when I want something, I pay with cash (I kind of have to since my credit cards are at their maximum). I know that there are so many of you out there in my shoes. Take it from me, unless that bill goes to your parents, be careful. You don't have to have something just because your friends do. I'm sure your best friend would understand if you just gave him or her a card. Credit cards can be very dangerous if you don't know how to use them properly. They can also build great credit if you are responsible.

Coming to college made me think that I needed so many things. I was wrong. I just wanted so many things that I couldn't really afford. I asked a couple of girls some questions about their finances, and these are some of the things they told me.

Nancy Grace, a junior here at USD, said the hardest part of keeping your finances together is unexpected spending.

"It's hard to keep track of your finances when there are always unexpected expenses," she said. Allie Lunden, also a junior said she spent most of her money in college during the weekend. When asked if she felt it was hard to keep up financially with the majority of students at USD, Junior Jen Wright said, "Sometimes, because a lot of people at USD are wealthy. It doesn't matter to me though, because USD students have so much more to offer than money."

So remember, if you don't have the money, don't buy it. Take my advice. You wouldn't want to be in my shoes right now.

Although I am finally getting settled, it hasn't been fun. If I didn't have to worry about paying my credit card bills, I would have had more fun doing other things, and I probably would have been able to afford them.

Getting bills is no fun. You have enough household bills, you don't want the burden of credit card bills also. You'll find that you can do more things when you aren't sending out hundreds of dollars a month in credit card bills. Next time you walk buy one of those tables, don't let them talk you into anything you don't think you are responsible enough to have. The T-shirt and water bottle aren't really that great, anyway.

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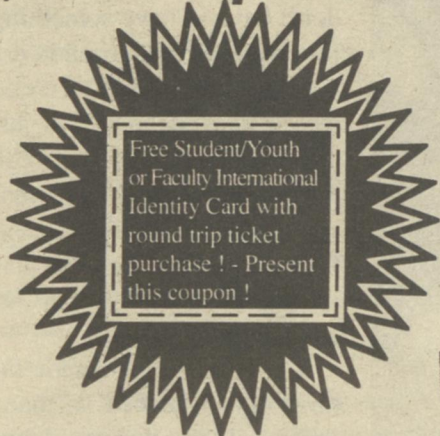
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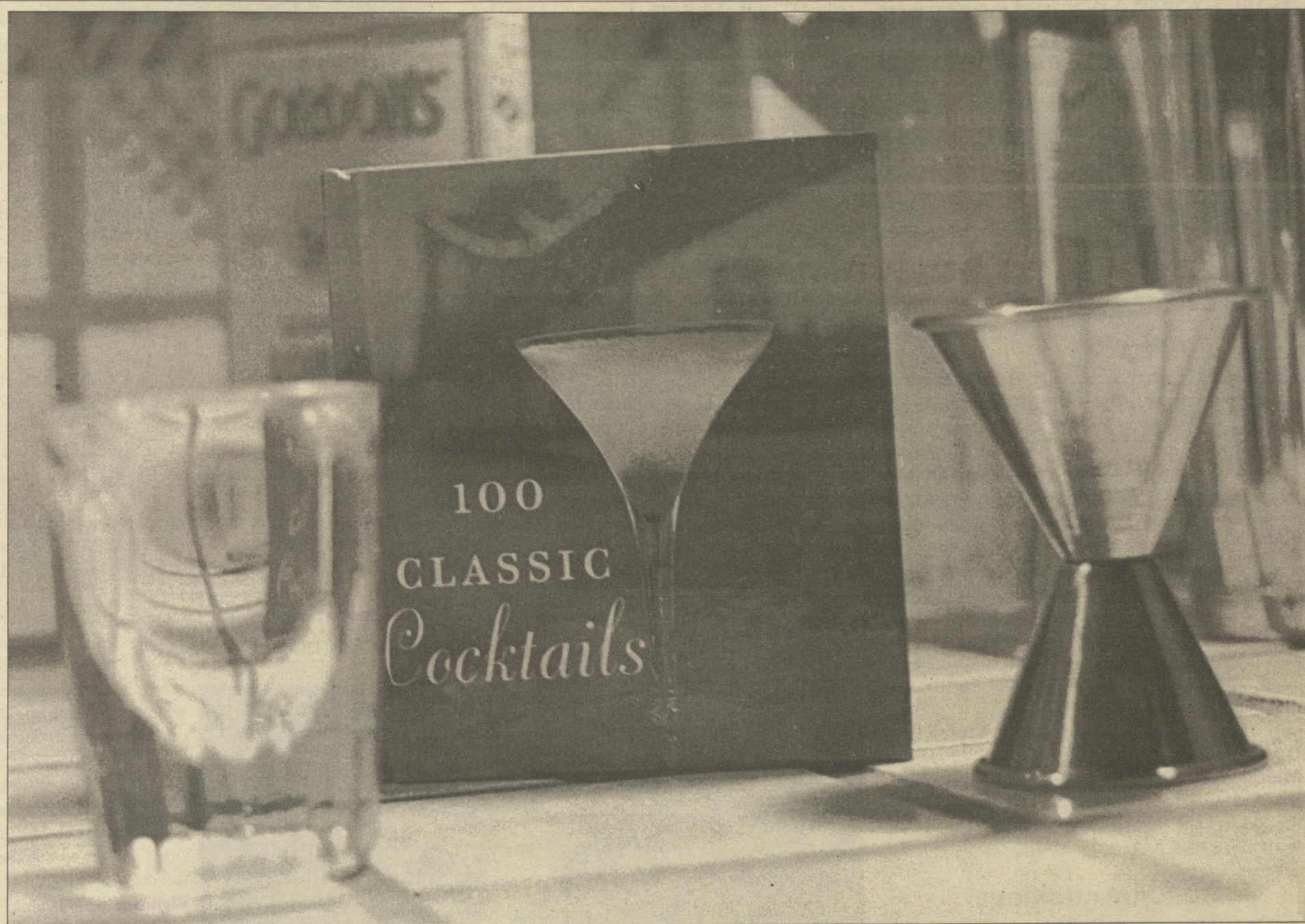
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Without a doubt, the most commonly consumed alcoholic beverage in college is beer. It's cheap, available, and suitable for almost any social function. However, if you are looking to step up the social ladder, consider expanding your alcohol horizons beyond just beer and a few simple hard liquors.

This is a guide that will help you to set up the perfect home bar. Altogether,

it's pretty simple. The only thing you need is adequate funding and a valid

ID. Learning how to bartend definitely has its perks. Not only can you impress your friends by creating tasty concoctions, but the ability to mix and

pour drinks can be quite useful at parties, and especially useful when it comes to finding employment during the summer.

Bartending 101

The Guide

(continue)

Basics for the perfect home bar

There are a few basic essentials for every home bar. For most of these, you'll want to get the highest quality you can afford.

Vodka: A clear spirit made from distilled grain. It is fermented, distilled and filtered. Many types of schnapps are made in the same way. A recent trend in vodka has been to offer different flavor variations such as citrus, vanilla, berry, and even pepper (primarily used for Bloody Mary's). The safest bet is to buy a basic unflavored version to start off, and add to your collection when you can. Whenever possible, vodka should be kept in the freezer.

Gin: This is very similar to vodka, but the spirit is redistilled with other flavors added. All gins are flavored with juniper berries, and other brands have added other flavors like lemon. Bombay's new "Sapphire" gin has the flavor of almond, lemon peel, licorice, juniper, orris, angelica, coriander, cassia bark, cubeb berries and grains of paradise.

Rum: Made from fermented sugar or molasses. Rum is made clear, and gains its color from aging in casks or artificial coloring. It is the basis for most tropical drinks.

Whiskey: This is alcohol made from fermented grain, then aged. Like rum, it gets its dark color from the wood barrels during the aging process. Irish, Canadian, and Tennessee whiskey are the most popular types. Other varieties include scotch, bourbon and rye.

Mezcal (Tequila): Tequila is simply a regional variety of Mezcal. It is made from distilled spirits from the agave plant. Contrary to popular belief, the agave is not a cactus, it is actually a relative of the lily.

Optional additions

Besides the basics, there are a few others you might want to consider. Before you go shopping, you might want to consider your audience and the particular situation.

Coffee Liqueur (Kaluha): Although this is not a necessary part of a home bar, it's still a good idea. Many people who aren't crazy about the taste of alcohol but still want to have a drink like Kaluha with milk or cream.

Bailey's Original Irish Cream: This is one of the few hard liquors that most people can drink straight. It's made from Irish whiskey, cream and chocolate. There are some cheaper imitations, but it's better to stick to the original.

Vermouth: There aren't a whole lot of uses for vermouth besides martinis. Vermouth is actually a type of wine, only more bitter. I've seen people drink it straight, but I wouldn't recommend it. Vermouth comes in both dry and sweet versions. If you are only able to buy one and not the other, go for the dry one.

Triple Sec: This is an orange flavored liquor, and it comes in a variety of different styles and levels of quality. It is most often used as a mixer in margaritas and kamikaze shots (depending on the bar), but the higher quality versions such as Cointreau are often taken straight as an after-dinner cocktail.

Fruit juices: Whenever possible, use fresh juice. If you don't have the patience to squeeze your own, make sure that you buy the juices that say "not from con-

centrate" on the label. For the most part, you'll need lemon, lime, and orange juice. Other recipes call for cranberry, tomato and grapefruit juice.

Soft drinks: Having plenty of cola, tonic water, and other sodas is definitely a good idea. Many drinks call for one of these, and it's also nice to have something to offer for the non-drinkers.

Garnishes

Garnishes are a very inexpensive way to spice up your bar and impress your audience. Wedges of lemon and lime will come in handy for almost every occasion, but there are a few others you might need depending on what you will be mixing.

If you will be making martinis, you will definitely need olives. Some people prefer a lemon twist or a small cocktail onion instead. Marachino cherries and grenadine are also a good idea. If you are having a morning cocktail party and will be serving Bloody Mary's, you should probably have black pepper, tabasco sauce and Worcestershire sauce. Common items like salt and sugar should also be a part of your bar. If you will be making margaritas, you should use coarse salt rather than the regular table salt. This can be found in the liquor section of most grocery stores, and it usually comes in a wide rounded container designed for dipping glasses.



Tools of the trade

Besides having all of the necessary ingredients, having the right bartending tools will help set you apart from the weekend-warrior-wannabe bartender. Most of them are relatively inexpensive and very easy to find at stores like Bed, Bath, and Beyond, Smart & Final, and almost any kitchen supply store.

Ice: Although this might be considered an ingredient of most drinks, it really is a tool. There is a simple rule when it comes to ice: the more, the merrier. Most bars fill up glasses with ice before adding anything else. Using lots of ice is absolutely the best (and most deceiving) way to make people think you are spoiling them. Also, always use cracked ice, never cubes.

Pouring caps: Besides ice, this is definitely the best way to deceive your audience. Not only do pouring caps look more professional, and make it appear as though you are pouring a generous serving, they are also a lot faster to use than hassling with bottle caps.

Shaker: There are two different types of shakers; covered (for making martinis) and open. Most mixed drinks that don't have a carbonated liquid as part of the ingredients are shaken. Many times when a drink needs to be served cold but the glass is too small for any ice (or the ice will water down the drink too much), the cocktail will be shaken over ice before pouring. Many open shakers are designed to fit perfectly over the pint-sized beer glasses normally used for serving most draught beers.

Strainer: This is used in conjunction with the shaker. Strainers are paddle-shaped with slots for the liquid to drain through. Most of them will have a horseshoe shaped spring around the outside. Like shaker sets, your strainer should be made of stainless steel, never plastic.

Jigger: This is a convenient measuring tool for measuring small quantities of two ounces or less. Some are two-sided. By the way, for those of you who still aren't sure, a "shot" is equal to 1.5 oz.

Corkscrew: Much like the mousetrap, people are continually trying to reinvent this device, with little or no success. The best one to get is the "waiter's" corkscrew.

They are the ones with the movable arm at one side so the cork can be pulled out with the help of a little leverage. Many of these also have bottle openers as well as small knives to cut the foil on wine bottles.

Blender: This is an essential tool for any bartender who plans to make frozen margaritas or daquiris.

Glassware

When it comes to bartending, presentation is of great importance. Therefore, you need to have the right glass for each drink. Serving a cocktail in the wrong

glass is not only tacky, it can be cumbersome as well. Fortunately, most glasses are easy to find at a store such as Wal-mart, and are relatively inexpensive. For the more particular glasses, stores such as Crate & Barrel can be useful.

The basics include rocks glasses (short and wide), collins (tall and thin) glasses, which are usually intended for drinks with lots of ice. Other requirements include martini glasses and margarita glasses. Most glasses are of a relatively uniform size, but margarita glasses can hold anywhere from 10 to 30 fl. oz.

Other more specialized glasses include brandy snifters, highball glasses and parfait glasses. It is also a good idea to have an ample supply of coffee and beer mugs, as well as shot glasses.

For serving larger groups, you should definitely consider purchasing a glass pitcher.

Calorie Considerations

I've heard a lot of people say that they prefer to drink liquor and mixed drinks instead of beer because it's too fattening and has too many calories. Well, I've got news for you. The average mixed drink has as many (or more) calories than the average serving of beer. Remember that the alcohol in most drinks accounts for about 65 to 75 percent of the overall calorie count, and as the proof rises, so do the calories. Here's the breakdown:

Beer (Regular):	146 cal/12 fl. oz.
(Light):	100 cal/12 fl. oz.
Cider, fermented:	144 cal/12 fl. oz.

Distilled Spirits (Gin, Rum, Vodka, Whiskey)

• 80 proof (40% alc.)	96 cal/1.5 fl. oz.
• 86 proof	104 cal/1.5 fl. oz.
• 90 proof	109 cal/1.5 fl. oz.
• 94 proof	115 cal/1.5 fl. oz.
• 100 proof	123 cal/1.5 fl. oz.
• 151 proof	180 cal/1.5 fl. oz.

Liqueur

• Brandy, Conac	75 cal/1.5 fl. oz.
• Coffee Liqueur	176 cal/1.5 fl. oz.
• Crème de menthe	186 cal/1.5 fl. oz.

Wine

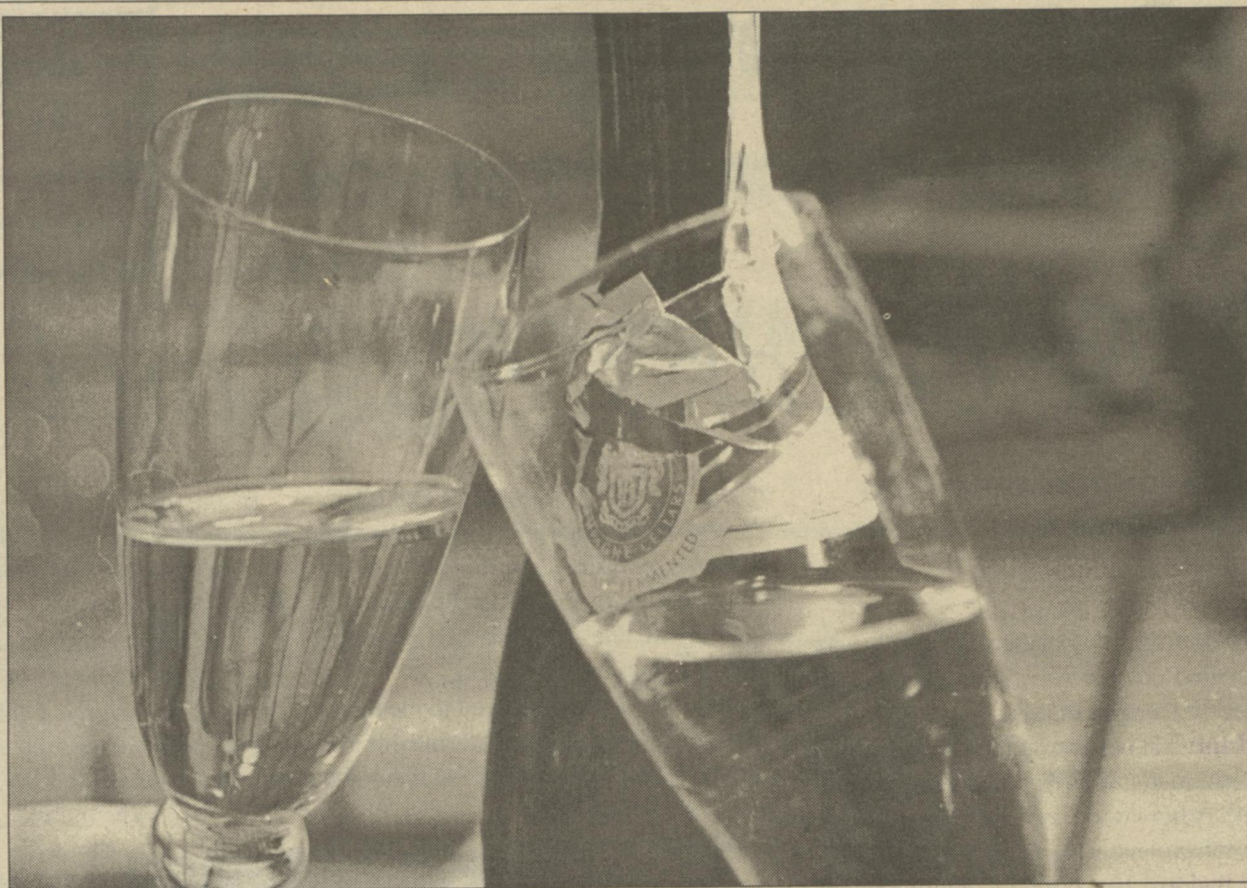
• Champagne	90 cal/4 fl. oz.
• Red	74 cal/3.5 fl. oz.
• White	70 cal/ 3.5 fl. oz.

Mixers

• Club soda	0 calories.
• Cola	144 cal/12 fl. oz.
• Lemon/Lime juice	8 cal/1 fl. oz.
• Orange juice	28 cal/2 fl. oz.
• Ginger ale	124 cal/12 fl. oz.
• Milk(skim)	90 cal/10 fl. oz.
• Pineapple juice	34 cal/2 fl. oz.
• Tomato juice	12 cal/2 fl. oz.
• Tonic water	113 cal/12 fl. oz.
• 7-up	140 cal/12 fl. oz.

By taking these numbers into consideration, you can see that the average mixed drink would have just as many calories as beer. For example, a gin (2 fl. oz, 80 proof) and tonic would have at least 145 calories. A rum and coke (a.k.a. *cuba libre*) would have about 160 calories. A Kaluha and milk (*sombrero*) would have at least 270 calories, and even more if you used cream.

Interesting side note: Contrary to popular belief, Guinness stout really isn't as fattening as it seems. Despite its thickness, it is no more fattening than any other premium beer with equal alcohol content. In terms of calories, it's only 210 calories per pint (16 fl. oz.), versus the 195 calories per pint of the average beer, and 224 calories per pint of orange juice.



A word about wine

By far, wine is the drink most commonly tied to food. Most cooking shows make a point out of recommending a particular wine with each dish.

Traditionally, the rule is red wine with meats, white wine with fish. Recently, people have started to stray from this basic ideology and are trying different combinations. If you are not a wine connoisseur, don't worry. Most restaurants where wine selection is important have suggestions for the appropriate wine for each serving, even desserts.

For the most part, wine is made from grapes. However, rice wine (saki, served hot) and plum wine can usually be found at most Japanese restaurants.

Recently, more information was released about the health benefits of wine. Although wine, like any other alcoholic beverage, can cause serious damage to your liver and other body parts, there is now considerable evidence that wine can actually make you healthier. Many countries that consume wine as a regular part of the diet have a much lower rate of high cholesterol and heart disease.

Further Learning

If you are interested in learning more about bartending and mixing drinks, the best thing to do is to buy a bartender's guide. Most of these books are filled with a plethora of recipes, as well as more tips on how to mix and present cocktails in a professional manner. If you are considering bartending professionally, you should probably check out one of the various bartending schools in San Diego.

The courses are usually only a few weeks long and generally inexpensive. This training is especially useful not only because you can get hands-on experience, but you can learn how to handle bartending responsibly, which is something you could never learn from a book.

— Ted Donovan, words
— Kristen Huffaker, photos

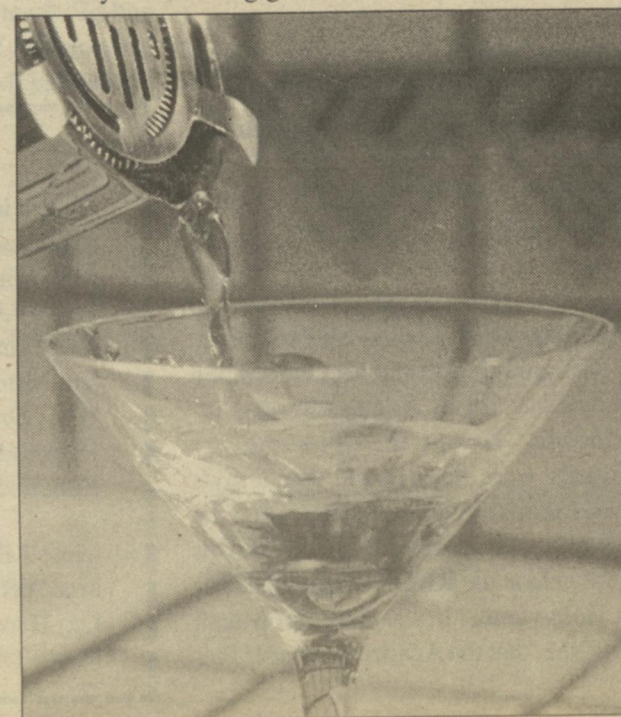
Did you know?

- One of the main differences between Ale and Lager beers is the temperature at which the beer is allowed to brew and ferment. Ale, such as Guinness Stout, is brewed at a higher temperature, causing the yeast to rise to the top. Other lighter "German" style beers are brewed cold, and the yeast sinks to the bottom. Some historians believe that the Germans' need for artificial refrigeration for brewing beer was one of the principal motives that led to the invention of the compressor.

- 10 million glasses of Guinness Stout are consumed every day.

- The alcohol content in wine cannot exceed 16 percent. At this point, the yeast dies and fermentation stops. Wine with an alcohol content over 16 percent has been fortified with distilled spirits.

- The worm in some tequilas is called an "Agave worm." Some myths about the worm include that it is an hallucinogenic, or a source of heroism. The presence of worms in tequila isn't exactly traditional, it's actually a marketing gimmick.



LEISUREPIMP

Entertainment and News Around San Diego

In the present every being dies.
In the future, will die, has always died.
In the same way then I shall surely die.
There is no doubt in me regarding this.

The Oscar's: Past and present

ALYSSA IGNASZEWSKI
Staff Writer

When the first Academy Awards were handed out on May 16, 1929, movies had just begun to talk.

That first ceremony took place during a banquet held in the Blossom Room of the Hollywood Roosevelt Hotel. Two hundred and fifty people attended the ceremony and tickets were purchased for \$10.

At that time, the winners were announced prior to the Awards banquet, so that the results could be released in advance to the newspapers for publication at 11p.m. on the night of the Awards. But in 1940, guests arriving for the affair could buy the 8:45p.m. edition of the Los Angeles Times, which announced the winning achievements. As a result, the sealed-envelope system was adopted the next year and remains in use today.

Since the earliest years there has been a great interest in the Academy Awards. Only the first presentation escaped media audience. The next year, a Los Angeles radio station actually did a live, one-hour broadcast from the show, and since then the Awards have had broadcast coverage.

For 15 years the Academy Awards Presentations were banquet affairs held at the Ambassador and Biltmore hotels in Los Angeles. Because of the war and increased attendance, the banquet style ceremony was discontinued and the presentation ceremonies were held in theaters.

The 16th Awards ceremony was held at Grayman's Chinese Theater and was covered by network radio for the first time. The show broadcast overseas to American GIs. The Awards remained at Grauman's for three years, then moved to the Los Angeles Shrine Auditorium. In March, 1949, the 21st Awards were held in the Academy's own Melrose Avenue theater. For the following 10 years, the annual Awards were held at the RKO Pantages Theater in Hollywood. It was here, on March 19, 1953, that the Academy Awards Pre-

sentation was first televised. The NBC-TV and radio network carried the 25th Academy Awards Ceremony live from Hollywood with Bob Hope as master of ceremonies, and from the NBC International Theater in New York.

In 1961, the Awards moved to the Santa Monica Civic Auditorium, and for the next 10 years the ABC-TV and radio network handled the broadcasting duties. In 1966, the Oscars were first broadcast in color. From 1971 through 1975 the NBC-TV network carried the Awards. ABC has telecast the show since 1976 and is under contract through 2008.

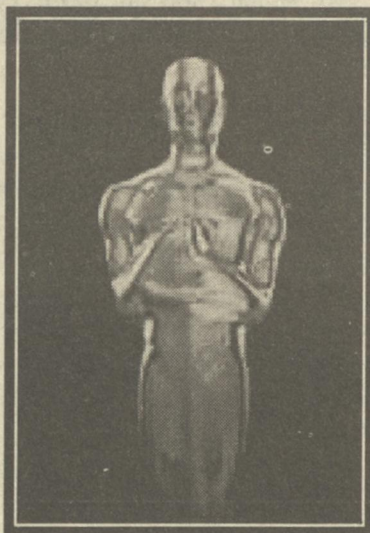
On April 14, 1969, the 41st Academy Awards ceremonies moved to the brand new Dorothy Chandler Pavilion of the Music Center of Los Angeles County. It was the first major event for this world-renowned cultural center. It was here that the Academy Awards ceremony was surprised with a streaker during the presentation.

The Awards remained at the Music Center until 1986, when the ceremonies returned the Shrine Auditorium for the 60th and 61st Awards. Since then, the Awards have moved back and forth between the Shrine and the Music Center.

In the first year, 15 statuettes were awarded, all but one of them to men. In the second year, the number of awards was reduced to seven. Since then, the Awards have grown slowly, but steadily, not only in audience count, but in the fields of achievement acknowledged.

The need for special awards beyond standard categories was recognized from the start. Two new categories were added in 1927-28 and three in 1934. In 1936, the first Oscars were presented in the Supporting Actor and Actress categories. The first presentation of the Irving G. Thalberg Memorial Award was made in 1937 and the Academy Award for Special Effects was added in 1939.

In 1941, the documentary film category appeared on the ballot for the first time. In 1947, the Academy brought foreign countries into the field of Oscar recognition. Nineteen forty-eight was the year that the Academy placed Costume Design on the ballot. The Jean Hersholt Humanitarian Award was established in 1956, and in 1963 the special effects award was split into two: Sound Effects and Special Visual Effects. The most recent additions in 1981 to the Awards list were the Makeup and Gordon E. Sawyer Award for technological contributions.



The Academy Awards has come a long way since 1929. This year's Academy Awards will be held on Sunday, March 21st at 5p.m. PT on ABC (channel 10). Whoopi Goldberg will return for her third time to host the 71st Annual Academy Awards. Val Kilmer, Andy Garcia, Liam Neeson, John Travolta, Sophia Loren, Gwyneth Paltrow, Liv Tyler, Nicolas Cage, Ben Affleck, Jim Carrey, Kevin Costner, Jennifer Lopez, Helen Hunt, Harrison Ford and Robin Williams will all be presenting awards.

Sorry, kids, tickets are by invitation only. Of course you can always check it out on TV and enjoy your favorite commercials at the same time. But don't let the corporate atmosphere get you down. Where else can you find an elitist group of fat cats handing out meaningless awards to each other?



Obscure Oscar Nominees

Visual Effects

Armageddon- Rich Hoover, Pat MaGroin and John Frazier
Mighty Joe Young- Rick Baker, Hoyt Yeatman, Allen Hall and Jim Mitchell
What Dreams May Come- Joel Hynek, Nicholas Brooks, Stuart Robertson and Kevin Mack

Most Likely to Get Stuck in a Wet Paper Bag

Liz, Booker-T, Jenni, Brad, Dave, T-Bone

Cinematography

A Civil Action- Conrad Hall
Elizabeth- Remi Adefarasin
Saving Private Ryan- Janusz Kaminski
Shakespeare in Love- Richard Greatrex
The Thin Red Line- John Toll

Original Dramatic Score

Elizabeth- David Hirschfelder
Life is Beautiful- Nicola Piovani
Pleasantville- Randy Newman
Saving Private Ryan- John Williams
The Thin Red Line- Hans Zimmer

Makeup

Elizabeth- Jenny Shircore
Saving Private Ryan- Lois Burwell, Conor O'Sullivan and Daniel Striepeke
Shakespeare in Love- Lisa Westcott and Veronica Brebner

Look for the official VJSTA
Three-Toed Sloth hidden in one
of the pictures in Leisurepimp
this week. Keep a sharp eye...
he's a quick lad.



Leisurepimp's joke of the issue

Q: Why did the skeleton *not* go to the dance?

A: Because he didn't have anybody to go with.

Don't let the title deceive you

Muzzle
Actual Size
Reprise Records

muzzle (muz-el) n. 1 the mouth of a gun barrel. 2 the jaws and nose of an animal. 3 a device to prevent an animal from biting. v. 1 equip with a muzzle to prevent biting. 2 restrain from speech.

TWAINING MARCUS
Staff Writer

It has been said that the name makes the band. At least Wesley Nelson and Ryan Maxwell think that statement is true. They are the Seattle duo who make up the backbone of Muzzle, and they will probably send a hundred or so music listeners to their Webster Dictionary to look up the definition above. The sophistication does not stop there.

After the wonder and awe at figuring out such a word play, the music listener is greeted with song titles such as "Complicated," "Dynamic" and "Super clones of the Future." This makes the music listener question his/her very ability to comprehend the harmony and attached message of precarious Muzzle.

What if the music will change everything that the music listener stands for? Standards could crumble the way of Fastball, Monica, and everyone else jiggy with it did, just like Christopher Cross, Winger, and everyone else who Wang Chung tonight on 100.7 FM.

But there are nine more song titles that the music listener may have overlooked. Maybe pop culture is still okay. "Been Hurt," "Second Time Around" and "Thanks to You" signal a soft side of this complicated, dynamic band which dabbles in science fiction.

Love is a tender subject and maybe the music listener, who has dumped and been dumped upon, could connect herself/himself with this potentially volatile album and make sense of the complicated and dynamic parts of the album, such as the cloning.

The song titles "Obvious" and "Know" further the music listener's confidence. Maybe the complicated and dynamic parts of the album are not as difficult as the music listener originally anticipated. Maybe the music listener already knows the answers to the formula of Muzzle. Maybe the dynamic answer is also an obvious one.

The optimism fades some, however, after the assertive "Ditch Your Love" and "Drop the Needle" are read. Maybe this album is a warning about relationships, or worse yet, just another attempt to capture the ferocity that escapes from a broken heart in four guitar chords and a vocabulary of twenty words. Maybe this alternative band actually believes that it is the wave of the future.

This elitist band is not as rigid as initially thought. Maybe they do realize what they are ultimately headed for: namely, broken teeth.

All the apprehension melts away once the first song is heard and it is apparent that Muzzle is just another half-witted cousin of grunge. MTV's heavy rotation of Brandy and Backstreet Boys impostors is intact, just as long as rock 'n' roll is brought down to its Actual Size by bands such as Muzzle. The music listener's perspective on music and culture remains



Reprise Records

Shaking up the industry: With such titles as "Super clones of the future."

undaunted after Muzzle's slick wording of its song titles from their second album, *Actual Size*.

Maybe someday something dynamically complicated will be strummed on a guitar and the music listener will find something new to adapt to, leaving Brittany Spears, and the rest of her cohorts, to dance on the nostalgia channel.

Bigshots coming to San Diego

Berlin

Friday, March 19

Canes (21&up show)

Alanis Morissette w/ Garbage

Saturday, April 3

Cox Arena

Rusted Root w/Khaleel

Saturday, April 3

4th & B

Andrea Bocelli w/ SD Symphony

Wednesday, April 14

San Diego Sports Arena

Rufus Wainwright

Wednesday, April 14

The Center (3909 Centre St.)-

N-Sync w/ Tatayani and Blaque

Thursday, April 15

Cox Arena

Jeff Beck w/ Paul Thorn

Friday, April 16

Open Air Theatre

Korn w/ Rob Zombie

Saturday, April 17

Cox Arena

The Offspring w/ Ozomatli and the Living End

Sunday, April 4

Cox Arena

Michael Sehenker Group w/ Vinnie Moore

Wednesday, May 12

4th & B

Society & Culture

We have the right to know

GRETCHEN SCHNEIDER
Staff Writer

Health centers at a variety of colleges across the nation offer birth control or information about birth control. So, why is it that at a time when sexually transmitted diseases (STDs) and pregnancy among young adults are so prevalent in our society, the USD Health Center fails to offer information to college students on how to protect themselves?

Most of the women I know who were not sexually active before college became sexually active in college. I know so many women who did not know where to turn for help. Sure, most of us have heard of Planned Parenthood, but what about the few who have not? What about the students at USD who do not have cars? These students have to rely on other people for methods of transportation, and that means asking a friend for a ride and having to explain where you need to go and why. If you don't want to explain that you need birth control, then what? Are you just out of luck and stuck not using birth control? For a student to go off campus for birth control is outrageous when our own Health Center could offer birth control or information on birth control.

I realize this is a Catholic university, and premarital sex goes against Catholicism. But the reality is that premarital sex exists. For someone to say they don't believe in birth control and premarital sex does not make it go away. It cannot be treated like dust and be swept under the carpet. Sex happens. Deal with it. Either we are sent out into the world knowing the dangers of premarital sex, like pregnancy and STDs, and armed with weapons, like condoms and the pill, or we are sent out defenseless, unable to protect ourselves.

Some people are concerned that by supplying the means of protection, it is encouraging students to go out and have sex. The bottom line is that students are going to have sex, some will have sex whether or not they have protection, but are we doing all we can to protect each other? If we have a friend that confides in us that they are going to have sex, then don't we, as their friends, want to warn them to be careful, use protection and think about what they are really doing?

Part of offering birth control and giving information about birth control is sex education. Many students did not get that in high school and had to rely on friends and family to tell them about sex. How much of what they know is truly accurate? How much of what they think is the truth is really a cultural myth? My grandmother used to tell me that if a dog smelled a girl while she was menstruating then the dog would attack her. When I think about that now it cracks me up. What tales are other students out there believing: tales like, you can't get pregnant the first time you have sex?

The problem is that too many students are making

decisions without being well informed on both sides of the issue. We are here at USD for an education; this education extends beyond academics and into our social and personal lives. It is the University's responsibility to students, as their educators, to provide information about sex and the dangers of having sex. Our Health Center offers brochures on how to prevent the flu and the common cold, yet they do not have brochures on how to prevent pregnancy. What is wrong with this picture? A cold will not change our lives forever, but a baby will forever alter our lives. So why is USD insistent upon keeping us in the dark? Are they afraid that if they offer us information they are then condoning premarital sex?

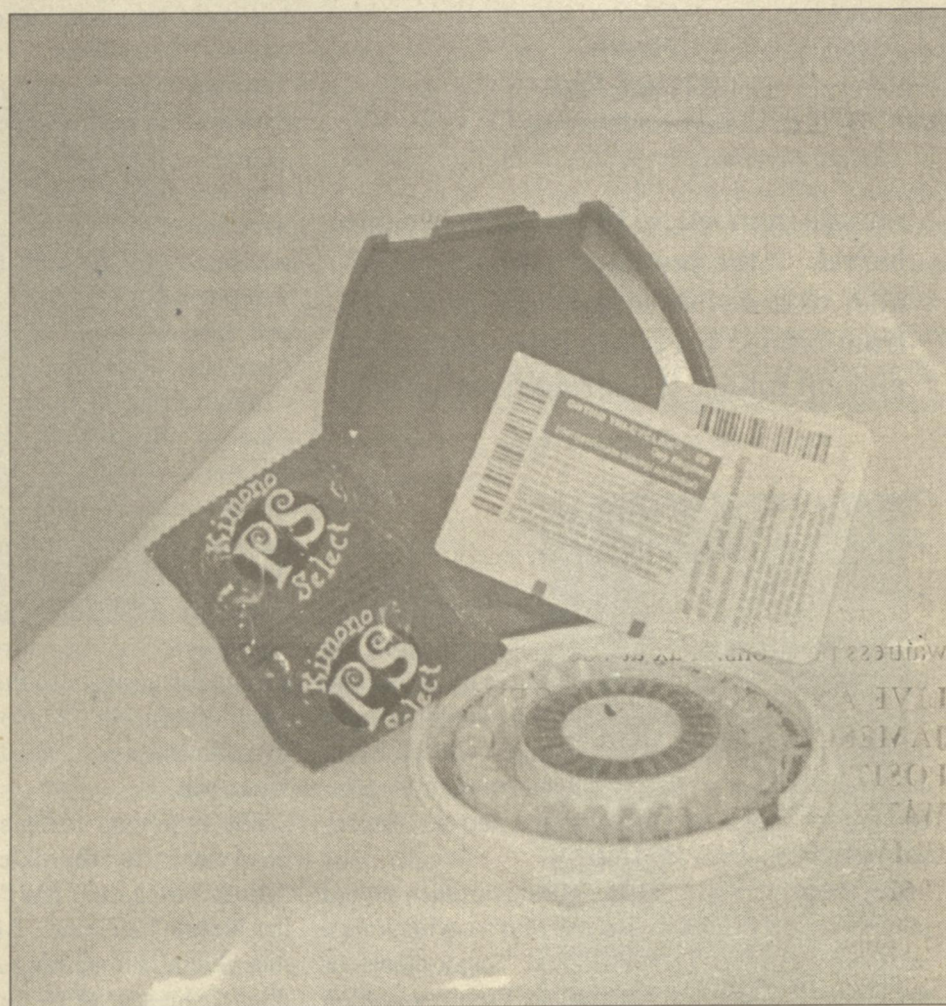
Condoning premarital sex and offering information to students about premarital sex are completely different. I am asking USD to take responsibility for the decisions that students make, since so many of the decisions might have been different had the students known their options. USD is our educator; it owes it to us, as students, to provide us with the most up-to-date information about sex and any other issue. If I have problems in math, English, or logic and need information, then I can go to the on-campus-tutoring center for help. We also have a Counseling Center and Career Services to offer us

information on coping with depression and how to get a job. Yet there is no place on campus a student can go for information about sex and birth control.

I asked Thomas F. Burke, Dean of Students, about USD's policy on birth control. He replied, "We're a Catholic University. We don't put into practice something that is in contravention of the Church... It's one [policy] that's not debatable."

I called the health centers at a variety of religiously affiliated colleges, among them were DePaul University, Pepperdine and St. Mary's College. DePaul, a Roman Catholic University, and Pepperdine, affiliated with the Church of Christ, do dispense birth control. Although St. Mary's College does not dispense birth

control, they are willing to advise students on what contraceptive is best for them and refer them to a clinic that can dispense birth control. According to Dean Burke, our Health Center is instructed to practice good medicine but they are not to actively deliver birth control services. The Health Center is not to encourage students to use birth control, but they may make a referral. However, I noticed that Planned Parenthood is not listed on the Health Center's guide to off-campus health care.



Cassie Polich

Protection: The U.S.D. Health Center is instructed to practice good medicine, however they cannot actively deliver birth control services.

The problem is never going to go away. Premarital sex happens, STDs happen, unwanted pregnancies happen, we cannot just snap our fingers and make them disappear. If we want to decrease STDs and unwanted pregnancies, then it starts with educating people before they become sexually active. We pay so much money in tuition, but our educators cannot even answer questions about sex.

I am not asking for USD to condone premarital sex, because that goes against the Church. I am not even asking USD to offer birth control. However, I am asking that USD answer students' questions about sex and birth control and provide students with accurate up-to-date information. I ask that USD take responsibility for the sexual education of USD students.

Hey, are you L kin' at my Classifieds?

They've got what you're looking for

eMpLoYmEnT oPpOrTuNiTiEs

CAMP WAYNE- sister half of brother/sister camp- Northeast Pennsylvania (6/20 - 8/18/99). We're back! We have recruited great staff from San Diego and want you to have the most memorable summer of your life. Directors for Fine Arts, Folf, Nature/Camping. Counselors to live in cabins and teach at specialty areas. If you love children and have a specialty to offer call 1-800-279-3019 or e-mail campwayneg@aol.com. On Campus Interviews April 12th.

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VISTA Classifieds: 619.260.4714

Applications now available for Director of Finance and Editor in Chief for next year's VISTA staff, UC 114B.



"El Tecolote Bar"



POOL TABLES

THURSDAYS:

Domestic Drafts: \$ 1.00 Mugs
College Nights \$ 4.00 Pitchers

FRIDAYS: Rock and Funk Bands
SHOW YOUR USD I.D.
GET DOMESTIC MUGS \$ 1.00 PITCHERS \$ 4.00

VIDEO GAMES

JUST DOWN THE HILL AT 6110 FRIARS RD.

AS this Week

Leadership Wanted:

Associated Student Directorships are currently available for students interested in an excited and new leadership opportunity.

NICOLE NUNES

Special to the VISTA

As the student body elects the future Executive Board, don't think your opportunity for leadership in Associated Students is lost. Directorships are currently available for the 1999-2000 academic year. This is your chance to take the University into the 21st century.

For those interesting in learning about the various directorships available, come to an informational on March 22 and 23 in the Multicultural Conference Center at 5:45 p.m. This is an opportunity to ask questions, get job descriptions and pick up an application.

Directorships Available

Academic Programming: Programs and assists with academic events such as the annual College Bowl tournament.

Asylum: Produces the literary magazine, Asylum. This includes editing, design, and business procedures related to the publication. It also coordinates Cafe Asylum, where individuals can perform their artistic work in public.

Athletic Programming: Promotes unity and spirit by coordinating pep rallies, tailgates, and bus trips to away games.

Auditor: Audits AS accounts throughout the year.

Community Service: Coordinates community service events and acts as a liaison

son between community agencies and the USD community.

Commuter Student Affairs: Addresses the needs and concerns of the USD commuter students.

Computing: Helps maintain and inform students through the AS web page and other internet services.

Concerts: Programs the various musical events on-campus, such as lunchtime nooners and larger concerts.

Controller: Processes AS requests for funds and verifies them against the budget.

Corporate Relations: Contacts various companies in order to gain sponsorship for AS programs and services.

Cultural Arts: Promotes on-campus cultural events and off-campus trips to museums, theaters, and art galleries.

Elections: Coordinates all student elections, such as Homecoming and AS officers.

Film Forum: Organizes the various movies shown on campus.

Historian: Helps record the memories throughout the year, which are compiled in the AS scrapbook.

Marketing: Creates marketing campaigns for AS and registered club events.

Multicultural Issues: Represents students' cultural concerns and needs.

Multimedia Services: Uses audio, video, and other technologies to promote AS

events and services.

Parking: The Traffic Court hears student appeals of campus traffic tickets and deals with parking concerns.

Public Relations: Informs students and faculty of AS events through the semester calendar, display cases on campus, monthly newsletters and articles in the VISTA.

Showcase: Coordinates performances by entertainers and comedians on campus.

Social: Plans social events such as Homecoming, Spring Dance, trips to amusement park and game shows.

Social Issues: Programs events which enhance social issues awareness on campus, such as domestic violence and homelessness.

Special Projects: Programs events such as the Giving Tree, Springfest and organizes the SMILE scholarship fund.

USDtv: Serves as the liaison between Associated Students and the USDtv committee. Promotes and informs students of AS sponsored events through segments on USDtv and serves as the Station Manager.

Women's Center Programming & Women's Center Resources: Responds to the needs of the USD Community regarding women's issues. Develop programs, events and resources, which raise awareness.

This Week

Today, Mar. 18

- SWINGFEST in front of the UC at 12:15 p.m.
- "Swingers" in UC Forum at 7 p.m.

Friday, Mar. 19

- Women's Tennis vs. U of Berkley at 2 p.m.
- RHA Hall Feud game in Salomon Lecture Hall at 7 p.m.

Saturday, Mar. 20

- Special Olympics in the Sportcenter
- Men's Baseball vs. USF at 11 a.m.
- Men's Tennis vs. Kansas at 12:30 p.m.
- Tailgate - Women's Softball vs. Loyola Marymount at 1 p.m.
- SPRING SWING party at 8 p.m.

Sunday, Mar. 21

- Special Olympics in the Sportcenter
- Men's Tennis vs. Nebraska at 12:30 p.m.
- Women's Softball vs. LaVerne at 1 p.m.

Monday, Mar. 22

- Directorship Informational in Multicultural Conference Center at 5:45 p.m.

Tuesday, Mar. 23

- AS Elections Run-offs in the UC Lobby from 10 a.m.-5 p.m.
- Directorship Informational in Multicultural Conference Center at 5:45 p.m.
- Women's History Month Keynote Speaker, Nancy Lieberman-Cline in Shiley Theater at 7 p.m.
- "Cry Wolf" a mellow rock band will be performing this week at the Aromas Concert Series at 8:30 p.m.
- Tap Dogs in the Civic Center at 7:30 p.m.

Wednesday, Mar. 24

- AS Elections Run-offs in the UC Lobby from 10 a.m.-5 p.m.
- Men's Baseball vs. Pt. Loma at 2:30 p.m.

TAP DOGS Is Coming to San Diego

JULIE LINEHAN

Special to the VISTA

TAP DOGS is coming once again to San Diego! This show is by far one of the best I have ever seen. The first time I saw these wonderful performers was on a talk show. About two months later, I saw them in person in San Diego. Talk about a thrill! TAP DOGS is full of energy, dance, and men! The New York Times writes, "Is TAP DOGS about the glory of dance, or the joy of sex? Actually, it's two shows in one: it revels in both choreographed athleticism and the idealized masculine form." But, guys don't think that this is a show for just the ladies. TAP DOGS is all about rhythms. If you have heard of STOMP,

think that but with tap shoes. As the London Times says, "Tap dancing will never be the same again." While in London, Dein Perry received his second consecutive Olivier Award for best choreography. This opportunity is one that should not be missed by any student! The best part about this show is that students can buy tickets at the ticket booth window on campus and can get tickets for half off. Associated Students have purchased 75 tickets for students. For USD undergraduate students, tickets only cost \$13! The tickets are for March 23 at 7:30 p.m. Directions to get there and parking information are also available at the ticket booth window. Tickets are on sale, so go right now! Buy your tickets, before they sell out!

A "Special" Event at USD

NICOLE NUNES

Special to the VISTA

The University of San Diego is hosting the Special Olympics basketball tournament, on March 20 and 21 in the USD Sportcenter.

Special Olympic is sponsored by Community Service and the coordinators of the event are asking for student involvement. There is a dance on Saturday night, March 21 in the Sportcenter and help is needed handing out meals to the athletes, scorekeeping, decorating for the dance and other duties. For more information on volunteering contact Kathy Williams and Suzanne Varecka at 260-4206.

small thoughts

CHRIS WEERTS
Associate Editor

A few weeks ago I wrote an editorial praising the welterweight division in professional boxing and talking about the shortcomings of the heavy-weight division.

This past weekend my point was proven beyond a shadow of a doubt.

The only heavyweight fight that garnered any interest took place, and just as I expected, Lennox Lewis thoroughly dismantled Evander Holyfield in the Heavyweight Title Unification Match. Holyfield looked like a shadow of his former self, barely landing 11 punches per round.

When the fight was over a began going around to my friends, — each owed me a whopping nickel— to collect my winnings.

Then the decision was announced, and the fight was called a draw. I couldn't believe that a fighter who looked as poor as Holyfield did could have won any more than two rounds, but one judge had him winning the fight and another felt it was draw. I was ready to snap. I felt that I had just witnessed the biggest farce in boxing history. No one in my house could believe it.

Even the commentators on the TV, who are indirectly employed by the fight promoter, were ranting and raving about this grave injustice.

After the fight Holyfield claimed that he was in the fight the entire time.

Maybe Lewis hit him in the head a few too many times, and caused him to become delusional.

Surprisingly, Lewis was the consummate professional after the fight, saying that he would just have to beat him when they fought again to prove that he is the best heavyweight. Lewis'

camp called Holyfield nothing more than a glorified sparring partner.

They went as far as to say they couldn't even use him as a sparring partner because he was too old and too slow.

They also brought into question the validity of the judges' decision.

How this could have happened was beyond me. There were about six rounds where Holyfield failed to land 10 punches, and at least one of the judges had to award him some of those rounds.

An investigation has been launched to look into the possibility that the fight was fixed. There were three judges for the fight: one from South Africa, one from Great Britain and one from New Jersey.

Suspiciously, the judge from New Jersey was in New York on Don King's expense account for three days preceding the fight. King is Holyfield's promoter, and this is the judge who awarded Holyfield the match.

The question that remains is: Why would a judge from New Jersey need to spend three days in New York prior to a fight? There is no time or cultural difference to get used to between two neighboring states. I can understand the reasons for bringing the judges from other countries in prior to the fight to get used to the foreign surroundings. But a trip across a bridge does not warrant an all expense paid vacation from a promoter. This seems a little fishy to me.

To say the least, I was left disenchanted after the fight. I feel like both Lewis and boxing fans everywhere were robbed of the undisputed heavyweight championship of the world.

And on top of it all, We will all foolishly pony up the \$50 to see the rematch, which may be much worse than the first fight.

Pitching prevails

The Toreros make quick work of CS Northridge

JEANETTE FINETE
Sports Editor

The Toreros didn't have much of a battle against CS Northridge with a 4-0 shutout last Tuesday in Cunningham Stadium, improving their overall record to 12-11.

The Toreros began the game armed with their bats ready to go. Senior outfielder Chris Liosi started the first inning with a triple. Junior outfielder Kevin Reese, who went 3-4, singled in an RBI.

The rally ended when freshman third baseman Greg Sain hit into a double play, and senior catcher Tony Betancourt struck out.

The fifth inning clenched the win for the Toreros. Senior right fielder Chris Humpert, who went 2-2, started the inning with a triple. Freshman second baseman Joe Lima then batted in an RBI with a single.

Lima got called out at second when he was caught stealing, and senior shortstop Dominic Repetti walked to first.

Liosi singled, advancing Repetti to second. Reese doubled, batting in Repetti, advancing Liosi to third and recording his nineteenth RBI for the season.

The rally continued when Sain had a sacrifice fly to left field, scoring Liosi for the fourth run.

The profitable inning ended when senior catcher Tony Betancourt grounded out to first

base.

CS Northridge attempted to revive themselves but fell short when second baseman Kevin Patrick hit into a double play to Torero shortstop Repetti.

After losing a three-game series to Pepperdine last weekend, the Toreros proved to be victorious with junior pitcher Ryan Hamilton on the mound. Hamilton went four innings, giving up only two hits.

Even though the Toreros lost the series against Pepperdine, USD still managed to hand the No.6-ranked Waves only their second loss on the season and ended the Waves' 10-game winning streak.

Junior starting pitcher Mike Amundson scattered eight hits in his second complete game this year to improve to 3-2.



Kristin Huffaker

Smart moves: Senior catcher Tony Betancourt called a shutout from behind the plate in the 4-0 victory over Cal State Northridge.

Women's Tennis: The USD women's tennis team won the 1999 USD Women's Tennis Classic Championship. Junior Zuzana Lesenarova, the No.1 ranked singles player in the nation, improved her singles record to 25-3. In the title match, the Toreros defeated

40th-ranked Washington State 7-2 to improve their season to 9-6.

Men's Golf: USD shot a final round team score of 291 to win the 12th Annual USD Invitational with a three-round total of 885. They held off second place Illinois (893), the 14th-ranked team in the nation, and West

Coast Conference enemy University of Portland (898). USD junior Patrick Hawkins, the reigning WCC Championship, shot a final round of even par 72 to win medalist honors with a three-round score of 217. This is only the second time USD has won its own tournament.

Spotlight: Greg Sain

JACKIE KIM
Staff Writer

With dreams of becoming a future major league baseball player, freshman Greg Sain practices his talent on the USD baseball team.

The 6'2" third baseman from Torrance, Calif. has spent his entire life improving his baseball skills and knowledge. "The enjoyment that you receive out of playing baseball is dictated by how much effort you put into it," Sain said.

After playing four vigorous years of baseball at West High School, the Detroit Tigers drafted Sain in the 16th round of last year's amateur draft. Although the team offered him \$40,000 to sign, Sain decided to further his education at USD.

"Financially, it was a better decision for me to go to college than to pursue my professional career right off the bat," Sain said. After college, Sain plans to pursue a major league career in baseball and eventually find a job that relates to baseball or another sport.

"I would like to play ball for a California team because it's close to home and I love Cali-

fornia so I don't think that playing in any other state would be better," Sain said.

Sain attributes his baseball success to the support and encouragement of his greatest mentor, his father.

"My Dad was always there to motivate and encourage me, and he pretty much taught me how to play the game," Sain said.

Sain's father, Tom Sain, also played baseball as a minor league professional for both the Minnesota Twins and the Houston Astros.

Practicing six days a week for three to four hours each day leaves little time for fun and relaxation. As a communications major and a business minor, Sain spends most of his time studying when he's not on the field.

"I spend most of my time concentrating on baseball and school," Sain said, "But when I do have spare time I like to hang out with my friends, relax and play with my truck."

The time-consuming baseball schedule that Sain lives by will not end for him in May. This summer, Sain will travel to Alaska to play in the Alaskan league from June to August. He will play for a team called "The Goldpanners" in Fairbanks.



Team leader: Freshman third baseman Greg Sain is leading the Torero offense in at bat with 92 and with a .356 batting average

Upcoming Games

Baseball

Mar. 20	USF (2)	11 a.m.
Mar. 21	USF	11 a.m.
Mar. 24	Pt. Loma	2:30 p.m.

Softball

Mar. 20	LMU	1 p.m.
Mar. 21	LaVerne	1 p.m.

Women's Tennis

Mar. 19	Cal Berkley	2 p.m.
Mar. 21	UNLV	10 a.m.

Men's Tennis

Mar. 20	Kansas	12:30 p.m.
Mar. 21	Nebraska	12:30 p.m.

Crew

Mar. 20	OCC Berg Cup	7 a.m.
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*All home games are in bold letters.

Last Week's Scores

Baseball

Pepperdine	L	8-7
Pepperdine	W	8-1
Pepperdine	L	9-4
CS Northridge	W	4-0

Softball

UCLA	L	7-0
UCLA	L	2-1

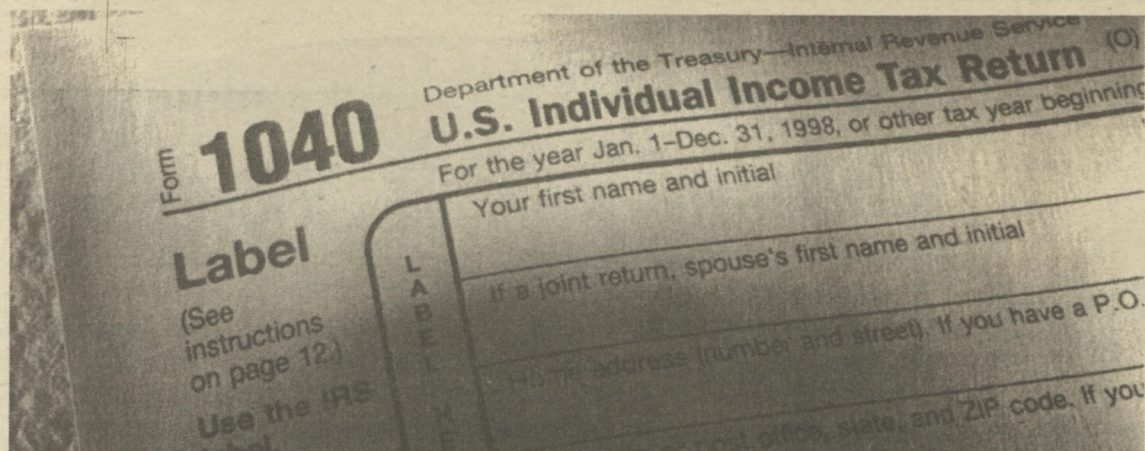
Women's Tennis

USD Tennis Classic	First Place	9-6
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Golf

USD Invitational	First Place	885 points
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Go Toreros !



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Q: Why did Pepe
cross the street?

A: To check out the
VISTA.

VISTA

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VISTA.ACUSD.EDU

Offbeat

You'll laugh, you'll cry, you'll drool

Dressed to impress

MARGIE PIERCE
Offbeat Editor

For once in my life I, Margie Pierce, actually dressed up. Anyone who knows me realizes what a big step this is for me. For those of you who don't, let me just put it this way—people were actually taking blackmail pictures of it. It was sort of a social experiment. I was curious to see if people really treat you differently depending on what you look like. So I showed up to a party in a dress, (yes, I actually wore a dress,) and immediately started socializing only to discover that I knew half the people there, (which is a rarity for me, since I only know about ten people in the entire school.) That pretty much blew the experiment right there, because of course they paid attention to me, they knew me. I didn't give up though, I needed to find out (for the sake of science,) if appearance really does make a difference. So I sat down next to a guy I didn't know and struck up a conversation. For once I got a favorable response. He didn't run away! I was so thrilled, I was actually at a party holding a normal conversation with a guy I hadn't known before—maybe I should have tried this dress thing earlier. Before I knew what was happening another guy had joined us on the couch. Just as I was about to jump up and shout, "yippee!" the two guys started to lean in very close to each other. Very close. "Hmm," I thought raising my left eye-

brow as I tend to do when I start to suspect everyone else knows something I don't know. Looking around I began to notice that there were an awful lot of pairs of men. An awful lot. DUH! I would have kicked myself, except my shoes were slightly too big and I was afraid they might fly off. From the moment I realized that almost all the guys at the party were gay, I had the time of my life. It's amazing how comfortable I felt knowing that I was completely out of the competition, because *hello* I'm a girl and there was nothing in the world I could do to make these guys find me attractive. It was the best party I have ever been too, I felt so comfortable I even got up the courage to dance. Which was great for me, but I would just like to apologize to all those people whose feet I stepped on. Imagine how much fun USD parties would be if we had a more sexually diverse campus—it would completely change the party atmosphere. We could actually go to parties just to meet people and not worry about giving anyone the impression that we want to hook up. Wouldn't it be cool if more people could just hang out and be friends? What a concept: one guy, one girl, no attraction whatsoever. I'm going to write a book about friendship between guys and girls one of these days. Too bad someone already took the title Utopia.

You know....

- * You know you're pathetic if you spend over an hour talking to some girl, in hopes that her hot roommate will be home soon.
- * You know it's going to be a long night at work when your co-workers are all gathered around a computer checking out porn on the web in the name of "research."
- * You know you need a reality check when you think, "we need to talk" means your RA is going to ask you out.
- * You know you should be worried when your sober driver misses the freeway on-ramp five times, even though you were pointing directly at it.
- * You know you need to get a boyfriend when you nickname a guy "back boy," because he has the most beautiful back you've ever seen, and then you get upset when you find out his real name is John.
- * You know a guy doesn't like you when he mentions three characteristics he hates in women and tells you "no offense" each time.
- * You know you have a drinking problem when you find out from your friends that you cheated on your significant other at a party with someone of the same sex.
- * You know you should be worried when you meet a group of new people and they all tell you they've heard about you, but won't tell you from where.
- * You know it's going to be a bad week when you call home and the operator tells you that the number has been changed and the residents have moved.
- * You know you're doing something right when LeisurePimp and Intramurals start trying to crack jokes to try to get people to read their sections, too.
- * You know you're funny when even Offbeat can't print your stories.

Chub & Chubby

New slogans for
The VISTA:

* Hasta la VISTA!

* The VISTA: Proof that 10,000 monkeys at 10,000 typewriters can turn out a college caliber student publication.

* The VISTA is continually striving for new standards in excellence in the field of publications, to be regarded as the primary source of news and information for the caring and beautiful students of USD. We also believe that this crap will get us chicks.

* The VISTA: Read and loved in all developed civilizations—and Texas!

* Reading The VISTA makes me wish I was illiterate.

The VISTA: It's not just for toilet paper anymore!

* "May the Lord and sweet baby Jesus forgive us for what we have done here." —The VISTA.

Chub & Chubby

Respond to readers

Recently it has come to our attention that many people with "taste" are offended by our column and want to know who is responsible for its continual churning of socially irresponsible thoughts and commentaries. We would like to take this opportunity to set the record straight for all six of our loyal readers (Linda, we counted you

ated with the fiasco that is our work.

If you feel obliged as a "productive member of society" to make known your moronic opinion, feel free to write us at:

Chub & Chubby
c/o the VISTA
5998 Alcala Park
San Diego, CA 92109

"IN NO WAY
DO THEY
FIND US
FUNNY"

Seeing as we are nearly illiterate and don't even care what you have to say anyway, you shouldn't expect a response any time soon. But if we find the time (and you're good looking), we'll publish your letter and a reply. Remember that we have the maturity of third graders, so all the bad words and doody references you can make would help maintain our ADD riddled attention. Thanks for your time!

Sincerely,

Chubby

ME

Chub H. Lardassky
Chubby F. Fatenmire

twice because you are a whole lot of woman, baby.)

The VISTA staff, editors and advertisers do not necessarily condone or support any of our material. They have asked us to make it known that in no way do they find us funny, appealing or intelligent smart. Neither they, nor any of their wholly owned subsidiaries or partners, claims any part of the responsibility associ-

Horoscopes

Aries 3/21-4/20

Okay enough of this snobby, I'm popular just because I play sports or look good in a thong, attitude. Skanking around will just get you into places even Monica couldn't intern her way out of.

Taurus 4/21-5/21

Popularity means being well known, NOT well liked. You would be amazed what happens when you actually acknowledge other people.

Gemini 5/22-6/21

We know that Howard Stern is your idol, but he doesn't really get all those chicks, it's part of the act. Bathing, on the other hand, will get you a lot more action.

Cancer 6/22-7/22

Remember it's not the size that counts, but how long you can stand still while people lean on you.

Leo 7/23-8/23

Maybe if you played your music a little quieter, you wouldn't miss so many phone calls.

Virgo 8/24-10/23

Next week you might want to stop doing that thing you keep doing with your eyebrow. It makes people think that you have something stuck in your nose.

Libra 9/24-10/23

Do something exciting for Spring Break. Then, if the world ends, you can at least say you lived it up for a week.

Scorpio 10/24-11/22

Being perfect is hard to deal with, yes, but are those noises really necessary?

Sagittarius 11/23-12/21

The jeans were a good move (khakis and polo shirts can only get you so far.) Now if you would only do something about that hair.

Capricorn 12/22-1/20

Enough with the attempts to hook up over the internet. Your genre is more along the lines of coffee shops and bars.

Aquarius 1/21-2/19

While recovering from your St. Patrick's Day blunders be sure to scrub the green beer off of your toilet, you don't want prospective roommates knowing what you're really like.

Pisces 2/20-3/20

That is so not your color. Especially with those pants. It's time to start getting up early enough to give your eyes time to open before you leave the house.

Intramurals & Recreation

The Women's History Month Issue

Women rule the Courts

JOHN MATSUMOTO
Basketball Supervisor



Noah Stanley

Kelly Kaiser and Tasha Lopez are two of the hundreds of women who participate in Intramurals every year at USD.

For the second week of intramural basketball, NWO: New Wu Order played Free Ballerz. Both teams suffered humbling losses last week and were looking for redemption. From the tip-off, New Wu Order immediately gained control. Kalaihamamoku Lono easily dumped 15 points in the first half. He scored from the outside, inside, left-handed, and right handed. Teammate and "Big Man" Mike Ghilardi did it on the defensive end. He rebounded, altered shots, and started NWO's fast break with a crisp outlet pass. Free Ballerz tried to answer NWO's barrage of points with George Zaborowski. George scored a team high 21 points. Pat Dunne also added 16 points, all of which were scored in the second half. However, Ballerz came up empty again with another loss for a final score of 63-54.

In the second game of the night, De Enda challenged Later. De Enda was roaring to play this week since they did not play due to forfeit last week. Enda took control of the first half, and were led by Drew Bohlin with 10 points. Pat Gill helped by throwing in another 7 points for a first half lead of 29-18. Later countered with Brandon Fowler who had a team high of 14 points and 8 rebounds, while Quentin Nowland assisted with 8 points. However, De Enda's first half dominance suppressed Later's second half rally for a final score of 48-42.

The third game of the night was not only highly competitive but also very physical. After a big win last week, Return of the Love Donkeys was ready for Milk and Honey. Jeremy Miller, of Return of the Love Donkeys, led the team with 7 in the first half. Johnny Westerlund earned his 5 points as well as 5 rebounds with his physical play to give the Love Donkeys a slim lead over M and H of 23-18 at the half. However, Milk wasn't going to be intimidated. Late in the second half, Honey caught the elusive Donkeys and tied the game. Vicente Robinson and Ryan Kirch, of M&H, willed their team back in the game. With a minute left, Milky started to foul. The Donkeys

ended up in the bonus with Troy Harrell on the line. Troy hit his free throws to secure their second victory for a final score of 41-35.

In the last game of the night, the Irish Assassins were pitted against Big Doggs. This game should have been played on the football field rather than on the basketball field. Bodies were flying everywhere. No one was safe if they entered the paint. If they mustered the courage to enter into the danger zone, they ended up on their backs. In the first half, the Irish were led by Kevin Kyrstofiak. Although he got hammered while slashing through the paint, he also ended up being the Big Doggs' worst enemy. He was unstoppable in the first half leading the Irish with 11 points and a 38-19 lead. Although the Big Doggs were struggling offensively, their presence was still felt. On every shot, rebound, or pass by their basket, they made sure the Assassins felt the pain. Apparently, by the second half, the Irish were beginning to wear down. The Doggs mounted a huge comeback with Matt Weaver leading the charge. He muscled 16 points in for the Doggs to make the game interesting. However, the Irish Assassins first half lead was too much to overcome. The Irish weathered the storm for a victory of 49-46.

In Tuesday night action, two Top 10 teams, Voo Doo and Old School, hit the floor for a barn-burner. Both teams went into the game coming off of blowout wins and looked to keep the ball rolling. Old School was in session though, as they put up points left in right with the combination of Erik Johnson, Noah Stanley and Brevin Black. The three combined for 64 points in the game. Voo Doo tried hard to stay in this high scoring game, rarely missing a jumper all first half and making an early run in the second to cut the lead to three. The run died out eventually and Old School took the game 72-60. The other 7pm game was a nail-biter between Showtime and Phat Attack & 1. This game came down to a last second shot thanks to the efforts of Joel Gonzalez (12 points and nine boards) and Damion Womack (11 points) for the Phatties and Chris White's 17 second half points for Showtime. Showtime ended up winning, thanks to a well designed play by Roman Aja which led to a last second jumper from the corner by White to win it 48-47.

Anybody who's anybody knows that there's no half-steppin' at 8pm on Tuesday nights! If you don't know, I'm gonna tell you why... cause it's Ladies Basketball Time! This is when the pretenders get off the court and let the Women do their thing! There was only one game last Tuesday and it was probably the preview for the championship match in April. Peku Esnazu Lemu took on We Gots Next in a very physical and fast-paced game.

Unfortunately for Gots Next, they didn't do well at that type of pace, quickly falling behind while watching Kelly Kaiser and Nailah "I must be Illegal" Thompson hit from all over the floor. At halftime the score was 22-9 with Simona Dixon hitting six of the nine points for Next. Elemu continued to pour it on and ended up winning 44-22 thanks in part to the hustle of Kelly "I'll write you a check tomorrow for putting my team in today" Delahunty and despite Kanoe's three points for Next.

Other action Tuesday night saw Team 29 beat Seals thanks to 12 by Chris "I need to show Noah my ID or we forfeit all these games" Smith and 10 by Dan "Ditto for me" Calo. Seals were led by Tom "I'm a" Jackson "body!" and his 12 points. Bull Dogs got on the winning track

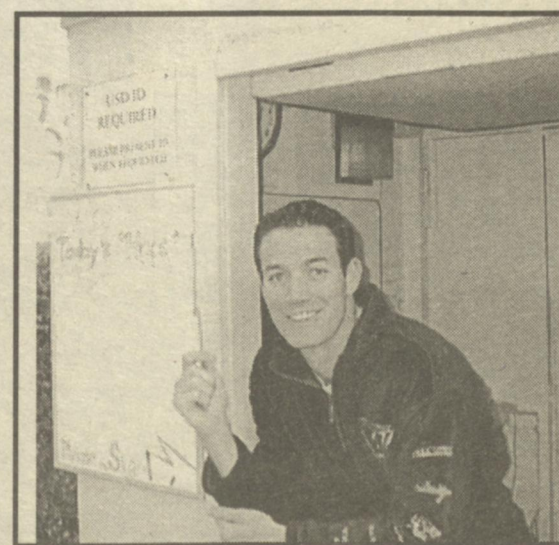
Kevin says, "BASEketball
Tourney Tonight! Be
there, I will!!!"



with a win over Great White Hype. Brennan Taylor had 17 in the losing effort and Javier "I know my Role" Marin had two for the victors. Blue Guys somehow got past the smooth and silky White Chocolate squad. The dopest squad in the league lost its second game in a row making that seven in row for two years. Forget about the record these brothers are exciting! Tony Rosa, A.J. Moyer and Kevin "Do I have to go to another Gamma Phi event Kendra?" D. are all about the art of basketball. If you see one team play this year, see White Chocolate! They lost 28-21 and Casey Hayes had 11 in the win. Sigma Chi had an easy one against Suns. They won 49-44 behind Eoin Doherty's two second half points. The captain can straight up play! I mean, it was only two, but it was a nice two... it could have easily been three, easily!

Wednesday night saw Celtics inch-by Northern Lights 47-46. John "I need to pay for my Alumni Pass" Gillis had 12 in the win, while Brian "King of the Kiosk" Gazzano had nine in the loss. Chiquita Lobos became the only 2-0 team not to be ranked in the Top Ten when the beat Maher Boys 44-34. Dirty Birds surprised the Lock-Out Champs 40-36 by scoring 24 points in the second half. Kevin Hughes and Paul Hunt led the charge by combining for 17 second half points. The surprise team of the year, Below the Rim, added to their winning streak by ousting The Scrubs. The Scrubs didn't get no love despite Chris Casteley's 18 and Ross Bourne's zero points. Joe Titus had two in the 45-35 victory for The Rim.

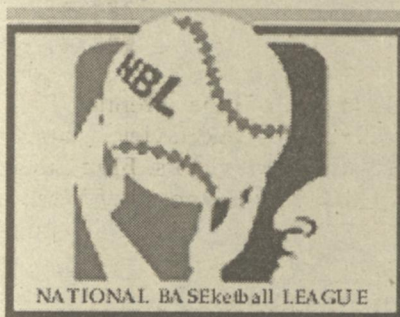
In Co-Rec action, AKPsi tried but the things they did just didn't add up to a victory. They need to go recheck their balance sheets. Laguna 1 beat them 76-37, although the player of the game was Tania Lebrija for AKPsi. The word "Air" shall be forever associated with her presence on the basketball court. Catherine "I've played this game before" Fontecha did well with 28 for Laguna. Brev took on Becca in a high-scoring mismatch. Brev, led by Malia Andagon's 15 points won easily, 86-55. Becca would have had a chance, but poor shooting by Danny Peykoff resulted in easy transition buckets for Brev.



Brian "King of the Kiosk" Gazzano regulates at the gate and on the court.

BASEketball

KEVIN MALADY
Special Events Supervisor



<http://www.baseketball.net/>

We're gonna have Domino's Pizza for everyone. The Jeffreys are playing during some of the tournament (They may or may not sound great tonight -you never know- that's what's so great about them and talk about fine lookin' trumpet players, and how!). So instead of watching Friends, and then trying to pick up some real exciting tennis women at the Comber, you should go to the gym and play BASEketball. Got a midterm? Are you gonna remember studying for the midterm next week, or are you gonna remember how much fun it was to play BASEketball? That's what I thought! Play if you want to, tell me if you love me, peace out homies!

Jeffreys Homepage

<http://www.members.home.net/skinmd/mfc.htm>

Tonight, March 18th 7pm-10pm at the USD Sports Center

It's here. Tonight is the 1st Annual BASEketball tournament. It starts at 7pm, but only if you sign-up by 5pm in the IM office today. It costs \$6 per team (teams can have 3-6 players). If you read this today and don't play, you'll be sorry tomorrow. Everyone's gonna be there. Just try it. It'll make you cool. It'll relax you. Anyway if you look at it, it's BASEketball.

Rankings

As of March 16th

Co-Rec 5x5 Basketball

1. Ke Kukae (2-0)
2. Love Donkey's w/Girls (1-1)
3. Thug Life (2-1)
4. Brev's Team (0-0)
5. Laguna 1 (2-0)

Women's 5x5 Basketball

1. J-Allen's Team (2-1)
2. We Gots Next (1-1)
3. Peku Elemu (1-0)
4. W.A.T.S.F.Y. (0-2)

Men's Basketball

1. Love Donkeys (3-0)
2. 4 Dudes and Juan (3-0)
- Irish Assassins (3-0)
4. Showtime (2-0)
5. Old School (3-0)
6. Below the Rim (2-0)
7. Celtics (2-0)
8. Later (2-0)
9. Voo-Doo (1-1)
10. Big Doggs (2-1)

Hockey Tonight!

5:30pm

Christina Hernandez's Team

vs

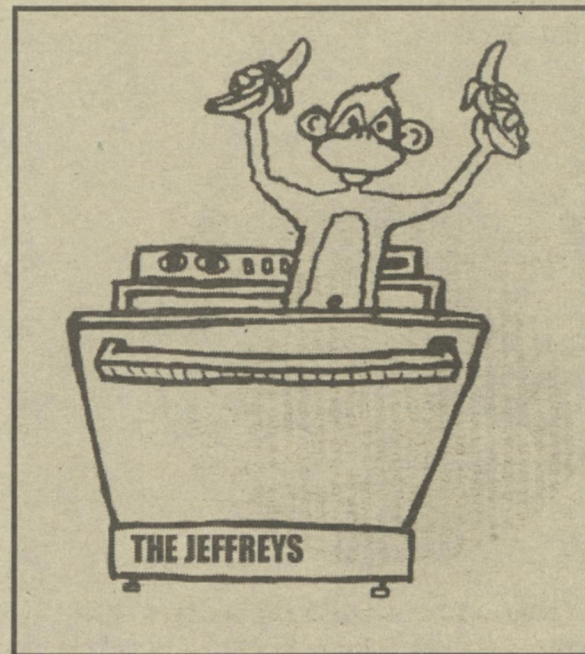
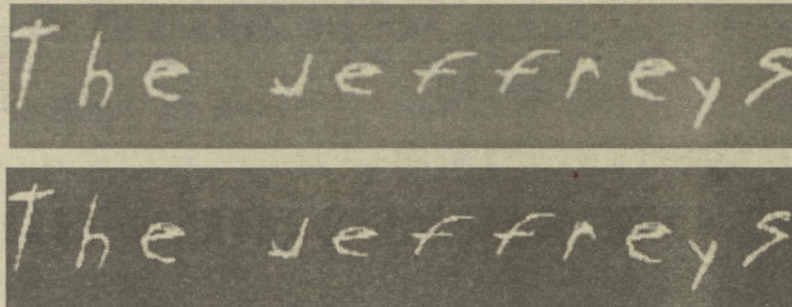
Love Donkeys On Ice

6:30pm

Rainbow Riders

vs

Ryan Lujan Team



"The Jeffreys" is a San Diego based ska band. As schoolyard chums, the current members of The Jeffreys dreamed of playing in a band that represented the attitudes and ways of life of a typical teenager. This dream became reality on one October 25th, 1997. On that date, The Jeffreys was born. Since then, they've been devoted to playing the best music possible, while staying true to their roots and respecting their influences.

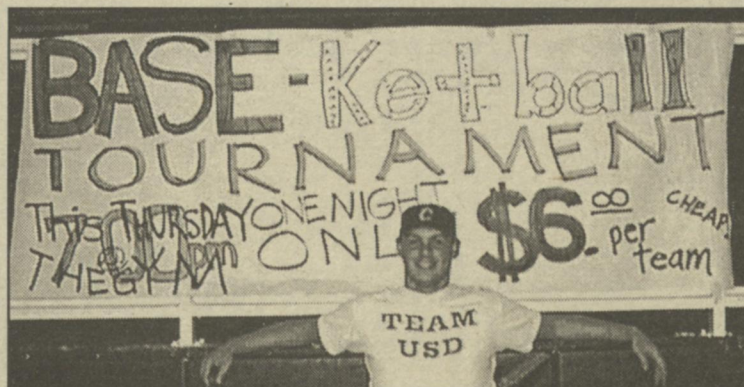
Formerly known as Magic Finger Clutch, or "MFC" this band got a fine tuning when they added a new trumpet player and began to kick. What does the future hold for The Jeffreys? Well lets just say they have a few ideas up their sleeves.

The Jeffreys debut album, Purple Monkey Dishwasher, is now on sale for \$8. Early reviews suggest this cd is a definite winner. It contains 12 songs, ranging from punk to traditional ska to punkish ska. Some have described The Jeffreys brand of music as Power Pop. Whatever you call it, it spells pure musical enjoyment.

Low Man on the Totem Pole

...Tales of The Equipment Room Guy

I won't lie, working in the IM office has its perks. How else can someone get their picture in the Vista just by painting a sign? (Answer: there is no other way.)



Dean Woodward the amazing Equipment Room Guy and phenomenal sign maker.

Pseudo-rhetorical questions aside, I must say, the only thing bad about working in the equipment room is when people come in and want to check out equipment. Can't they see I'm trying to study? Or trying to paint a sign? Or trying to take a nap? Criminy!

Yes sir, things here are good. Ever since they stopped hazing me, I can't think of any place I'd rather spend my time, except maybe the beach, or at home, or on that long stretch of highway 8 between Gila Bend and Yuma, AZ. (That's an inside joke... just so you know.)

The bottom line is that the equipment room guy is here now, not for long, but he's here now. So take a good look at the picture and then turn the page and go about your business. My 15 minutes are just about up. SIXTHREE

**"UNABASHEDLY
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Yahlin Chang, NEWSWEEK

SANDRA
BULLOCK

BEN
AFFLECK



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I-15 at Carmel Mountain Rd.
674-9770

PACIFIC'S GROSSMONT TROLLEY 8
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La Mesa 466-1401

EDWARDS MIRA MESA 7
Camino Ruiz at Mira Mesa Blvd
689-1661

CinemaStar MISSION MARKETPLACE 13
431 College Blvd at Mission
Oceanside (760) 806-1790

AMC WIEGAND PLAZA 8
220 North El Camino Real
Encinitas 942-5544

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5th Avenue at G St.
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PACIFIC'S SWEETWATER 9
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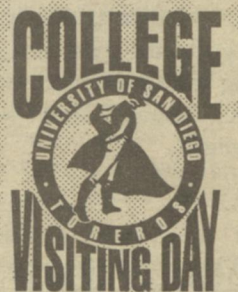
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